



The Nascot News

SUMMER TERM

ISSUE: #11

JULY 2026



Hello everyone,

We hope you all had a fantastic summer term and enjoyed reading Issue 10 of the Nascot News.

The summer term has been very busy with lots going on from cultural day school trips, sports day, the return of our swimming lessons and of course all of the Year 6 leavers events.

Thank you to everyone who has contributed to this last edition of The Nascot News for this academic year. This edition is packed full of articles on sports and politics, stories, poems and much more.

We are grateful for everyone who has contributed in some way to the newspaper over the last year, from our team to all of the children who have submitted work. It has been amazing to receive them all and we hope you are proud of your work. A special thank you to Tayson in Year 5 for all of his wonderful entries for every edition this academic year.

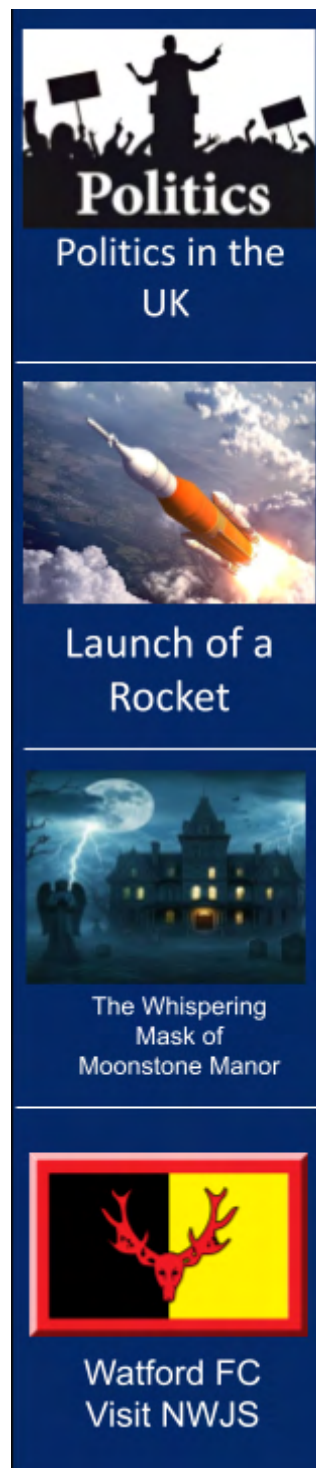
We would like to say a big thank you to all the teachers for your help and to Mrs Singh and Mr Watts for giving us this great opportunity this year.

As the Year 6 children begin to prepare for their move to Secondary school, we would like to wish all of our friends good luck and we will most definitely miss the Class of 2026!

Hope you all have a lovely Summer holiday.

Tiaana and Zachary

Editors





BEHIND THE DESK

EXCLUSIVE INTERVIEW WITH OUR YEAR 5 TEACHER MRS THOMPSON!

By Hashim - Year 5 Beech Class (Reporter)

What is your favourite moment of teaching, and what do you enjoy most about being in the classroom with your class?

"I genuinely love reading to my class and watching everyone get completely engrossed in their books," she said. "I especially love it when the class groans when I say it's time to stop reading — it's the best sign that they're really enjoying the story!"

She added: *"Over the years I've read so many amazing books... I've even cried over a couple of them myself!"*

Teaching is a very busy job — how do you manage balancing work and family life at the same time?

"Well... I'm always rushing and feel like I'm forgetting something!" she admitted.

"But I love my job, so I always feel happy coming into school — even if it means a cereal bowl or two doesn't make it into the dishwasher!"

What advice would you give to someone who is thinking about becoming a teacher in the future?

"Don't worry if a lesson doesn't go to plan — it's still okay. You can learn from your mistakes," she explained.

"And never assume that every child has listened to instructions!"

What inspired you to become a teacher, and what made you decide to go into teaching later in life?

"I didn't go into teaching straight away — I was in my 30s when I trained," she said.

"Before that I worked in the travel industry. I had such a lovely time at school myself; I wanted to recreate those happy memories for other children.

FINAL WORD

From inspiring reading moments to honest life advice, Year 5 is clearly in very good hands.

Stay tuned for more Nascot News exclusives...



SCOUTING

By Harrison - Year 6 Poplar Class

I wanted to write a little bit about the scouting organisation. I have been a member of a local Scout group since age 6. We take part in lots of fun activities and learn new skills. These are a few facts about scouts and some of the recent challenges I participated in.

Over 119 years old, scouting was started by Sir Baden Powell in 1907. Some notable scouts are Sir David Attenborough, Bear Grylls and Harrison Ford, to name a few. Scouting reaches over 60+ million young people across 176 Nations, making it the largest youth organisation in the world. Scouting values are taught through informal lessons, such as exploring through the woods and doing fun projects. Scouts is completely volunteer run (there are over 5 million volunteers!). Scouts are split into sections based on age: Squirrels (4-6), Beavers(6-8), Cubs(8-10.5), Scouts(10.5-14), and Explorers(14-18). Scouting is also a great way to get outdoors and can teach you lots of useful skills.

Some of the many activities include: sailing, climbing, camping, rounders, dodgeball, pioneering and cooking. Two adventurous activities that I recently participated in are Survivor and Night-X.

Survivor: For survivor, we were split into teams of four scouts and then given a scenario whereby we crashed on an uninhabited island. The purpose of the challenge was to survive for 24 hours with limited resources. This included making your own fire and waterproof shelter. Building and sleeping in our own shelter and cooking our own food was tough, but I really enjoyed it.

Night-X: For Night X we were split into teams of 5 and were given a map to look at, as well as a timetable of which bases we had to be at and at what times. When the challenge ended, all of the teams went to the campfire circle where they then announced what place every group came in. In a stroke of brilliance, my group of 5 came first!!!



ABOUT POLITICS IN THE UK

By Hashim - Year 5 Beech Class



In the United Kingdom, politics is based on democracy. That means people don't solve arguments by shouting louder (well... not officially), but by voting for the leaders they think will do the best job.

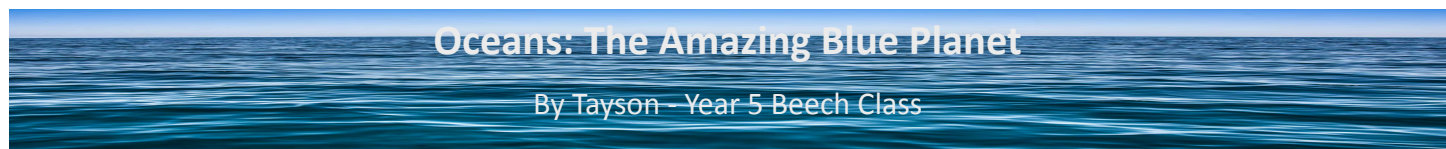
The UK government is led by the Labour Party, with Sir Keir Starmer as Prime Minister. The government's job is to run the country and make decisions about important things like schools, hospitals, transport, and the economy.

In politics, not everyone agrees—which is probably why politicians are never short of things to say. Different parties, like the Conservative Party, Liberal Democrats, and Reform UK, are called the “opposition.” Their job is to question the government, challenge ideas, and suggest better ones. Think of it like a very serious debate club... with much better suits.

Political leaders often disagree about big issues like the cost of living, immigration, housing, and the NHS. Sometimes it can feel like everyone is talking at once and hoping their idea gets the loudest applause. But that's how democracy works: different ideas compete, and voters decide which ones they favour.

Well-known political figures, such as Nigel Farage in past years, have helped spark big national conversations, especially about the UK's relationship with Europe. Whether people agree or disagree, politics often leads to lots of debate in the news and online.

It's important to remember that in the UK, leaders don't get “toppled” like in a movie plot twist. Instead, changes happen through elections, where voters choose who they want to lead the country. So, no secret handshakes, no sudden switches—just ballots, polling stations, and a lot of arguments. UK politics can sometimes feel confusing, noisy, and a bit dramatic, but at its heart it's about people sharing ideas and trying to make decisions for the country together. And occasionally, trying to make sense of it all is a tedious task at hand.



Oceans: The Amazing Blue Planet

By Tayson – Year 5 Beech Class

Did you know most of our planet is covered in water? Oceans are massive, deep, and full of things we haven't even discovered yet! When you look at a globe, you can see how the oceans connect all the continents together, almost like a giant, wavy blanket.

What Are Oceans?

Oceans are huge areas of salty water. There are five main ones: the Pacific, Atlantic, Indian, Southern, and Arctic. The Pacific is the biggest and deepest. Some parts are so deep that if you dropped Mount Everest in, its top would still be under water!

Life in the Ocean

There are loads of amazing creatures living in the sea. Some, like blue whales, are bigger than a bus, and others, like plankton, are so tiny you can't even see them without a microscope. Oceans have bright, colourful coral reefs with fish, turtles, and even sharks. Some sea creatures can glow in the dark, and some, like octopuses, can change colour to hide from predators.

Why Are Oceans Important?

Oceans do more than just look pretty. They help make the oxygen we breathe and control the weather. Lots of people get food from the sea, like fish and crabs. Oceans also give us fun things to do, like swimming and surfing, and they're important for shipping things all over the world.

Problems in the Ocean

Sadly, there are many bad things happening in our oceans right now. People throw rubbish and plastic into the water, which can hurt or even kill sea animals. Turtles, dolphins, and fish can get trapped in plastic bags or fishing nets. Oil spills from ships can poison the water. There's also overfishing, where too many fish are caught and their numbers drop really low. Climate change is another big problem—it makes the water warmer and can destroy coral reefs, which are homes for lots of sea creatures. Some coral reefs are turning white, which is called coral bleaching, and this means they might die.

What Can We Do?

- Use less plastic, and always put rubbish in the bin.
- Recycle as much as you can.
- Never throw litter into rivers or the sea.
- Tell your friends and family why oceans matter!

Dive In! Oceans are awesome and mysterious. There's still so much we don't know about them. If we look after our oceans, they'll stay amazing for people and animals for years to come. So next time you see the sea, remember—you're looking at one of the most important parts of our planet!

THE LAUNCH OF A ROCKET

By Urvish - Year 5 Elm Class

In the year 2099, Andrew made a boost in human technology. He created a machine that does not emit CO² or use fossil fuels. He invented electric quantifiers! Coming back to our year, 2101, Andrew is classed as a scientific genius, with people coming from around the world to learn his wisdom. "Hi Andrew, I would like to collaborate with you to make an invention that will never be forgotten!" spoke another genius from the UK. "I would like to construct a rocket with you along with your quantifiers."

Andrew replies in a confident voice, "Alright, so how will it work then, Quentin?"

"You attach the quantifier emitters to the bottom of the rocket which will then emit electric quantifiers to push the rocket and the structure of the device will be curved; the apex will be pointed to prevent the shuttle from burning or spinning out of control from the speed of the four emitters. Then, use it to travel to Mars or Jupiter and it will be a successful spaceship. To stop the emitters from running out of energy, place **infinition quantums*** to recycle the used energy," responded Quentin.

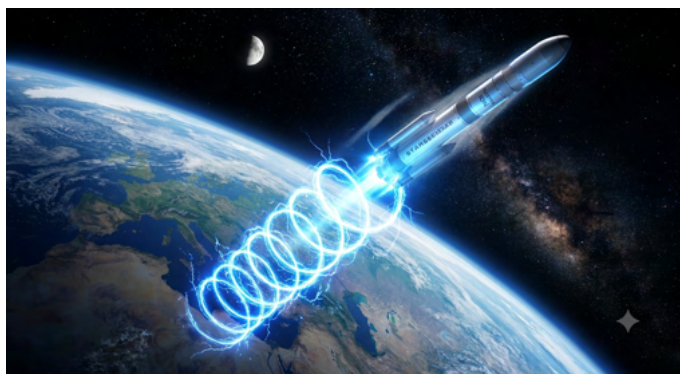
"That's a mouthful, but, I got to say, you are very smart, including your great invention of the infinition quantums," said Andrew. So the geniuses of the world got to work to make this fantastic invention. It took less than 2 years to make this crazy space-shuttle but it did work.

To be continued...



***infinition quantums**

A made up word to mean the creation of Quentin that gains energy from used energy in the air or space or anywhere.





How to Ride a Bike Safely on the Road

By Tayson - Year 5 Beech Class



Riding your bike on the road can be fun and a great way to get around, but you need to be careful and follow some important safety rules. Here's how you can ride like a pro and stay safe!

1. Wear the Right Gear

Always wear a helmet to protect your head. Make sure it fits snugly and isn't wobbly. Bright or reflective clothes help drivers see you, especially if it's cloudy or getting dark. Don't forget comfy shoes!

2. Check Your Bike

Before you ride, check that your brakes work, your tyres are pumped up, and your chain isn't loose. If you ride at night or when it's gloomy, make sure your bike has working lights and reflectors.

3. Know the Rules of the Road

Ride in the same direction as the cars, not against them. Always use bike lanes if there are any. Obey traffic lights and road signs, just like you would if you were driving a car.

4. Use Hand Signals

Let drivers and other road users know what you're doing. Stick out your left arm to signal a left turn and your right arm to signal a right turn. If you need to stop, hold one arm down with your palm open.

5. Stay Alert

Keep both hands on the handlebars (unless you're signalling) and watch out for cars, buses, and people walking. Look out for things on the road like potholes, parked cars, or opening doors.

6. Ride Single File

If you're cycling with friends, ride one behind the other (single file) when you're on the road. It makes it safer for cars to go past you.

7. Don't Use Headphones

It's important to hear what's happening around you, like cars beeping or people shouting. Save your music for when you're off the road!

8. Be Seen and Be Predictable

Try not to swerve in and out of traffic or between parked cars. Ride in a straight line and make sure drivers can see where you're going.

Remember:

Riding a bike safely means you can have lots of fun without getting hurt. Always be careful and look out for others on the road. Other than that, Happy cycle riding!

THE WHISPERING MASK OF MOONSTONE MANOR (PART I)

By Tayson - Year 5 Beech Class

Everyone in Willow Creek had heard the stories about Moonstone Manor. Some said it was haunted by Lady Moonstone herself. Others whispered about a cursed mask that could steal your soul. But nobody dared to find out the truth. Except for Leo and Priya.

On the stormiest night of the year, thunder crashed as Leo and Priya slipped through the iron gates. The manor loomed, its broken windows like hollow eyes. Rain lashed their faces as they crept through the tangled garden, hearts thudding in their chests. Every step closer made the air colder.

Inside, the air was icy and thick with dust. The wooden floor groaned under their feet. The grandfather clock in the hall chimed midnight—DONG... DONG... DONG—though no one had wound it in years. Shadows seemed to crawl across the faded wallpaper, and the portraits on the walls seemed to watch them pass.

A sudden gust slammed the heavy door behind them. Leo spun around. They were locked in.

“Did you hear that?” Priya whispered, feeling a cold breath on her neck. The wind carried a low, whispering voice: “Find the mask... set me free... or stay forever...”

They followed the sound—down creaking stairs, past the grand dining hall with its long-abandoned feast still set on the table, silver plates covered in cobwebs. In the cellar, the air was colder still. Their torches flickered. A chill swirled around their ankles. The whisper grew louder: “Closer... closer...”

Leo noticed a rotten barrel pushed oddly to the side. Behind it, a secret door. They crawled through a pitch-black tunnel, the walls slick and damp, hands brushing over something that felt like long, tangled hair. Priya stifled a scream.

At the tunnel’s end, they entered a hidden chamber. On a velvet cushion lay the mask—its eyes glowing red, mouth twisted in a silent, endless scream. The mask lifted from the cushion, hovering in the air, spinning slowly.

The room filled with shadows that oozed from the walls, curling around their ankles, their wrists, their necks. The mask whispered, “Wear me... or you’ll never leave...”

Priya’s hand was pulled toward the mask by an invisible force. Leo lunged and grabbed her, but the shadows twisted tighter and tighter, making it hard to breathe or move. The mask inched closer, its eyes burning into theirs.

Just as the mask was about to land on Priya’s face, Leo cried out, “We’re not afraid of you!” The mask froze. The whispering stopped. For a split second, there was silence.

Then, the room exploded with frigid wind, and a cold, echoing laugh bounced off the stone walls. The shadows seemed to scream. Leo and Priya felt themselves yanked backwards, tumbling, falling—

They awoke gasping, sprawled on the wet grass outside the manor. Rain pounded down. They scrambled up and ran home, never daring to look back.

But the story didn't end there.

Later that night, as Leo changed out of his muddy clothes, he felt something heavy in his backpack. He reached in—and pulled out the mask, eyes now burning blue instead of red. Beneath it was a photo, still wet from the rain. In the photo, Leo and Priya were pounding on the manor's window, their faces twisted in silent terror.

Suddenly, Priya's phone buzzed. It was a video message from an unknown number. The screen flickered to life. In the grainy video, Leo and Priya saw themselves, asleep in their beds. The camera panned—slowly, slowly—closer and closer. In the shadowy corner above their pillows, the mask was hovering, eyes now glowing green.

The video glitched and froze, then a single, icy whisper filled the room—so close it felt like someone was right behind them:

“Midnight isn't over yet... and now, you can never leave...”

As the clock struck one, the mask's eyes glowed brighter, and the shadows in Leo's room began to move...



The Wonders of Nature

By Tayson - Year 5 Beech Class

Nature is all around us, from the tiniest ladybird crawling on a leaf to the tallest trees stretching up to the sky. It's in our gardens, parks, forests, and even in the cracks between city pavements. Nature is full of surprises and beauty, and it's always changing.

Plants and Trees

Plants and trees are the lungs of our planet. They give us oxygen to breathe and shade to keep us cool. In spring, buds burst open with fresh green leaves and colourful flowers. In autumn, trees put on a magical show with leaves turning gold, red, and orange. Some trees, like the mighty oak, can live for hundreds of years!

Animals Everywhere

From birds singing in the morning to foxes sneaking about at night, animals are a huge part of nature's story. Bees and butterflies help flowers grow by carrying pollen. Squirrels hide nuts for winter, and frogs leap from pond to pond. Each animal, big or small, has a special job in the world.

The Importance of Nature

Nature is not just beautiful—it's important for our health and happiness. Going outside can boost your mood and help you feel calm. Nature also gives us food, water, and materials for our homes. Without a healthy natural world, people and animals couldn't survive.

Protecting Nature

Sadly, nature can be harmed by pollution, litter, and cutting down forests. But everyone can help protect it! Planting trees, picking up rubbish, and looking after wildlife are great ways to show you care. Even small actions can make a big difference.

Get Outside and Explore!

Next time you go outside, take a moment to look and listen. You might spot a spider spinning its web, hear birds singing, or notice the scent of flowers in the air. Nature is full of little wonders—just waiting for you to discover them!



WATFORD FC VISIT

By Thea - Year 6 Rowan Class

In June, we had some visitors from Watford FC who came in to run a football workshop with a selection of children - Helen Ward, Head of Women's Football and former Chelsea, Arsenal, Watford and Wales International player alongside Anna Filbey, Watford and Wales International player. The workshop started off with playing some fun games, including giant Hungry Hippos with footballs, as well as tag. Next there was some football skills practice, followed by a game of football. Helan and Anna also brought in the Women's National League trophy which they won this season. They were very impressed with the children's football skills and they seemed to enjoy the visit as much as the children did!



MY PERFECT SEASON

By Owee - Year 5 Elm Class

I can feel the sunshine on my back,
the umbrella, towels and surf-board put in the sack,
relishing the caresses of the gentle breeze,
looking at lush leaf-covered trees,
Hearing the happy chirping of the birds,
and the sound of lemonade being slurped.

This is the season where I jump with joy,
so does everybody, girl or boy.
Cruisers are leaving, quay by quay,
Everything is as happy as it can be.
Lambs are progressing in their life,
nothing upsetting to be seen such as strife.

I don't want to say to this season goodbye,
because I don't see any reason why!

The Seasons When We Were in The Air

By Matthew - Year 4 Juniper Class



Spring is here
When we were there
In mid air
Beyond all care

With emerging light in every glance
And gravity reduced to chance
We hovered where the new winds play
And time itself began that day



Autumn is here
When we were there
In mid air
With twilight flare

With amber leaves that spun like fire
Around our slow and soft desire
The cooling winds began to weave
A quiet song we could not leave



Summer is here
When we were there
In mid air
With sunlit flare

With golden heat on weightless skin
And endless blue we wandered in
The sun stood still to watch us drift
As laughter gave the sky a lift



Winter is here
When we were there
In mid air
In frozen air

Where silence fell in feathered white
And day dissolved in early night
We floated through a silver hue
Where every breath the stillness knew

A sonnet for***The Seasons When We Were in the Air***

By Matthew - Year 4 Juniper Class

When spring arrived, we floated in the sky,
With gentle winds and flowers all around;
We laughed as petals drifted softly by,
And listened to the quiet, growing sound.

Then summer came with warmth and shining light,
We drifted through long days of glowing sun;
The air was calm, the world was full and bright,
And every moment felt like endless fun.

Then autumn brought the cool and coloured breeze,
With leaves of red and gold that danced and fell;
We watched them spin and whisper through the trees,
And felt a change we could not always tell.

Then winter came, so still and cold and white,
We drifted on alone in the silent night.

THE WOMAN OF THE WATER

By Hafsa - Year 6 Poplar Class

The woman of the water sings her song
Sweet melodies drifting through her stream
Behind her floats her hair so long
Fading into the water that, in the moonlight, gleams.

Her frock is woven from the ripples
Her gorgeous necklace strung with many pearls
She drifts, the daughter of the aqua,
As old as time can tell.

Her skin is a faded turquoise, her eyes are startling blue
Like the mesmerising sapphire reflection
Of the place she calls her home
Beneath the silver, sun-dappled foam.

The body of water drifts between mountains and fields
Telling ancient stories from the its past
Where it posed the role of a liquid shield
Protecting many from the volcanoes cast.

But now it has glided on
Past the mountains and many trees
And the fantastical maiden, as the rising sun shone,
Found herself amongst schools of fish in the vast, deep blue sea.

The circlet that adorned her pate
Forged from clams, shells and bone-white ivory
And as she glides on, rosebud lips streaming rhapsodies,
She finds the ancient ruins, where finally her soul rests.



SUMMER POEM

By Mariam - Year 5 Elm Class



Summer arrives on a bright golden breeze,
Spreading its sunlight across open seas.

Meadows grow lively in shimmering heat,
Warm winds dance through the field of wheat.

Birdsong grows bolder beneath skies of blue,
Morning wakes early with soft honeyed hue.

Rivers flow lazily, calm in their glide,
Carrying whispers the warm days confide.

Summer is freedom in colours so true,
A season of wonder in every view.

POEM

By Devansh - Year 5 Beech Class

It wasn't what I expected,
A lovely, golden box.
It inspiringly projected,
A wild paradox.

When I opened it gracefully,
There came a wonderful kit,
I polished it carefully,
Gave me a good fit.

T'was a library,
A wonderful one!
A dictionary,
Revolving 'round my belt

Bought every single book,
Took me time to look,
In my wonderful library,
For the perfect one.

Found it,
Read it,
Went to bed,
Went to sleep.

Woke up in the morning,
Me in the process of yawning,
Going to school,
And telling my,
Friendly friends 'bout the news.

One of them said,
"Wow! Lucky as a clover!"
"Its rarity increased,"
"An' now it's lucky!"
"It celebrates itself!"
"You can ace through exams!"

But another said,
"What a misfortune,"
"I shall give you sorrow!"
"You bothered the devils!"
"And now you sadly read."

But I didn't care,
I aced through exams!
And I will proudly proclaim,
That I'm the world's favourite author!
This gift will stay in my brain
Forever.

HOW TO MAKE LOOM BANDS BRACELETS

By Niya - Year 5 Beech Class

Making loom band bracelets is simple. All you need is a loom band kit with two fingers and then you are ready to go. There are two ways to make loom band bracelets, the fishtail and the single chain. In my opinion the fishtail is my favourite although the name is not appealing once you have got everything ready you can begin!

The single chain

The single chain is definitely the easiest to make. The single chains patten comes out like this thin chain shown on the image on the right and needs to be attached by a 's' or 'c' clip and you need to get loom bands ready.

- First choose the colour that you will need for your bracelet.
- Then once you have chosen the colours estimate how many loom bands you will need (about 20 each
- After that put the first colour loom band on the pointer finger so it stretches along and twist it so it looks like a eight and stretch it on to your middle finger .
- Add another loomband on top but don't cross it just stretch it and let it rest on the middle finger
- Stretch the bottom band up and on top of the second one and do the same for the other side
- Add another loom band and keep on doing the same thing (always put a loomband on top before stretching it to sit on top).



Fishtail

Fishtail is a little bit harder than a single chain but looks so much better in my opinion and it comes out thicker and nicer (shown on the image on the right) .

Like a single chain you can get a s clip or c clip about 30 each colour .

- First you get two loom bands ready
- Then you put one of the loom bands down to make it look like an 8 shape.
- The next loom band will go down like an oval on top of the 8 loom band
- Then after that you put one oval down and bring one half of the oval to the top. and do the same to the other half of the 8.
- After that you repeat put one on top and bring the 2 bottom bits up till you make a full loom band.
- The s or c clip will slot in the loom band ends .





World Cup 2026

By Tayson - Year 5 Beech Class

The world is watching, hearts beat fast,
World Cup 2026 is here at last.
New cities and stadiums, flags flying high,
Cheers and anthems echo under the sky.

Teams from all over, ready to fight,
Chasing their dreams through day and night.
From Mexico's colour to Canada's cheer,
And stadiums in the USA, excitement is near.

Fans paint their faces, they shout and they sing,
Hoping their heroes will bring home the win.
Amazing goals, last-minute saves,
Moments of magic that everyone craves.

When the final whistle blows and the winner is crowned,
Memories and friendships will always be found.
Because the World Cup brings the world as one,
A festival of football, hope, and fun!



By Kiyaan - Year 5 Beech Class

Formula 1 (F1) represents the absolute highest echelon of international open-wheel racing. Sanctioned by the Fédération Internationale de l'Automobile (FIA), it is a global sporting phenomenon that pushes the boundaries of human athletic performance and cutting-edge mechanical engineering. The sport operates on a unique dual-championship structure where individuals and corporations compete simultaneously. While 22 elite drivers battle on track for the prestigious World Drivers' Championship, 11 distinct teams compete for the World Constructors' Championship. Because each team must engineer, manufacture, and develop their own chassis, the sport serves as a multi-million-pound laboratory for automotive innovation, requiring immense logistical synchronization as the entire circus travels between continents for a global season.

An F1 race weekend is a high-stakes, three-day event requiring total strategic precision. Action begins on Friday with two 60-minute Free Practice sessions, allowing teams to test aerodynamic upgrades and analyze tyre degradation. Saturday features a final practice session before transitioning into the high-intensity knockout qualifying structure. Split into Q1, Q2, and Q3, the five slowest cars are progressively eliminated in each of the first two segments. The remaining ten drivers then enter a frantic shootout in Q3 to secure "pole position," the coveted first slot on Sunday's grid. The weekend culminates in the Grand Prix itself. This main event covers a minimum distance of 305 kilometres (190 miles) and features high-speed strategy, mandatory compound switches, and pit stops where crews change all four tyres in under 2.5 seconds.



The unmatched performance of modern F1 machinery relies heavily on three core pillars: aerodynamics, hybrid power units, and safety engineering. Cars utilize intricate front and rear wings alongside complex underfloor tunnels to generate immense "downforce." This aerodynamic force pushes the car directly into the tarmac, allowing drivers to tackle corners at mind-bending speeds. Powering these machines are next-generation 1.6-litre V6 turbocharged hybrid power units, operating

on a strict 50/50 power split between internal combustion and electric energy. To handle this extreme speed, safety is paramount. Drivers are enclosed in a carbon-fibre survival cell anchored by the "Halo"—a titanium cockpit protection ring designed to withstand devastating impact forces.

Modern Grands Prix are ultimately won or lost through on-track strategy and sustainable technological evolution. Drivers utilize an Active Aero system to adjust their wings on the fly, pivoting between high-downforce "Z-Mode" for cornering and low-drag "X-Mode" to maximize straight-line velocity. To facilitate overtaking, an electrical "Override" mode grants trailing drivers a temporary 350 kW power boost when within one second of a rival. Beyond pure competition, the sport is a pioneer in environmental engineering. Every power unit runs exclusively on 100% advanced sustainable drop-in fuels, serving as the cornerstone of Formula 1's corporate pledge to be entirely net-zero carbon by 2030, ensuring the sport's rapid evolution remains relevant to the future of global transport.





ALL ABOUT BASKET BALL

By Mehmet - Year 4 Willow Class



Basketball is a team sport in which two teams of five players each (excluding substitutes) oppose one another on a rectangular court. Players compete with the primary objective of shooting a basketball through a hoop (a basket mounted to a backboard) at each end of the court. Teams alternate between offence (when they attempt to score), and defence (when they try to prevent the opposing side from scoring). A field goal is worth two points, unless made from behind the three point line when it is worth three. After a foul, timed play stops and the fouled team either takes one to three free throws worth one point each, or restarts play with an inbound. The team with the most points at the end of the game wins. If regulation play expires with the score tied, most basketball leagues mandate additional periods of play (overtime) until the score is no longer tied.



Players advance the ball by bouncing it while walking or running (dribbling) or by passing it to a teammate, both of which require considerable skill. On offense, players may use a variety of shots – the layup, the jump shot, or a dunk. On defense, they may steal the ball from a dribbler, intercept passes, or block shots. Either offense, or defense may collect a rebound, which is a missed shot that bounces from rim or backboard.

It is a violation to lift or drag one's pivot foot without dribbling the ball to carry it, or to hold the ball hands then resume dribbling.

The five players on each side fall into five playing positions. The tallest player is typically the center, the second-tallest and strongest is the power forward. The small forward is a shorter, but very agile player. Lastly, the shortest players or the best ball handlers are the shooting guard and the point guard. These players implement the coach's game plan by managing the execution of offensive and defensive plays (player positioning). Informally, players may play three-on-three, two-on-two, and one-on-one.

Invented in 1891 by Canadian-American gym teacher James Naismith in Springfield, Massachusetts, in the United States, basketball has evolved to become one of the world's most popular and widely viewed sports. The National Basketball Association (NBA) is the most significant professional basketball league in the world in terms of popularity, salaries, talent, and level of competition (drawing most of its talent from U.S. college basketball). Outside North America, the top clubs from national leagues qualify to continental championships such as the Euroleague and the Basketball Champions League Americas. The FIBA Basketball World cup and Men's Olympic Basketball Tournament are the major international events of the sport and attract top national teams from around the world. Each continent hosts regional competitions for national teams, like EuroBasket and FIBA AmeriCup.

The FIBA Women's Olympic basketball tournament featured top national teams from continental championships. The main North American league is the WNBA (NCAA women's division Basketball Championship is also popular).

Endangered Animals, Why They Are in Danger, and How We Can Help

By Tayson - Year 5 Beech Class

There are lots of endangered animals all around the world, which means there are not many of them left and they could disappear forever. This is a big problem because every animal helps keep nature balanced.

Many animals are endangered because of habitat loss. This happens when people cut down forests, build houses, or make farms where animals used to live. For example, orangutans in Borneo and Sumatra are losing their rainforests because people plant palm oil trees. Pandas don't have enough bamboo to eat because their forests are being destroyed. Tigers and elephants need big spaces to live, but their homes are getting smaller every year.

Another reason is hunting and poaching. Some people hunt animals for their fur, tusks, or horns. For example, elephants are killed for ivory, and rhinos are hunted for their horns. Gorillas and tigers are also hunted, even though it is illegal in lots of places. Snow leopards are hunted for their beautiful fur coats.

Pollution is also making animals endangered. Rubbish like plastic bags, bottles and other trash end up in rivers and oceans. Sea turtles sometimes eat plastic bags, thinking they are jellyfish, and can get very sick. The vaquita, a tiny dolphin from Mexico, is endangered because it gets trapped in fishing nets. Whales and dolphins can get caught in nets or hurt by big ships.

Climate change is another problem. The world is getting warmer, and this changes where animals can live. Polar bears are losing the ice they need to hunt for food. Some birds, like the kakapo in New Zealand, can't find enough food when their habitats change.

Here are some endangered animals:

- **Tigers**
- **Pandas**
- **Elephants**
- **Rhinos**
- **Gorillas**
- **Orangutans**
- **Snow leopards**
- **Sea turtles**
- **Vaquita**
- **Blue whales**
- **North Atlantic right whales**
- **Kakapo**
- **California condor**

There are ways we can all help endangered animals. We can recycle and not drop rubbish, so animals don't eat it by mistake. We can learn about endangered animals and tell others why they are important. We shouldn't buy things made from animal fur, tusks, or shells. People can also support wildlife charities and zoos that help protect endangered species. Some people even plant trees or help clean up beaches and parks.

If everyone does a little bit, we can help save endangered animals from disappearing. I think it's really important because the world would be less interesting without all these amazing creatures.



The Beat Goes On...

By Vedhaa - Year 6 Poplar Class

We emerged from the world of SATs
Into a landscape plain and flat
Global Soft, where only joy was out of stock
Where children were shielded from the world of rock

As exam papers drifted out of sight,
We found new memories in every rehearsal night.
And as secondary school grew quietly near
We stumbled upon a world of rock and cheer

Like Galileo broke his cage with the power of song
We learnt how love and laughter can guide us along
With Buddy we made memories we'll hold close to heart
Even as we await a new chapter's start

Among the Ga Ga girls, Scaramouche fought without fear
And with our newfound voices we discovered joy and cheer
And through the Ga Ga kids' bleak and uniform lines
We gave our unique identities a chance to shine

Because we are the champions - not only that night,
But for finding our voices beneath every spotlight.
Now another stage is waiting just beyond the door,
And together we'll keep rocking, forevermore.

NWJS WORD SEARCH

By Tiaana - Year 6 Rowan class

H	O	L	L	Y	Q	A	P	L	N	C	N
K	L	D	V	Z	B	E	J	W	F	E	A
B	T	N	W	J	S	L	A	I	S	L	S
E	D	E	W	R	E	M	F	L	T	E	C
E	G	R	Y	T	H	J	N	L	U	B	O
C	K	M	I	R	L	P	O	O	H	R	T
H	Q	B	L	T	O	P	A	W	Z	A	W
L	O	J	E	P	S	W	P	O	A	T	O
V	A	G	L	Z	X	I	A	L	R	I	O
W	K	A	S	K	C	F	M	N	P	O	D
V	R	L	E	A	R	N	I	N	G	N	X
D	L	O	K	H	M	V	O	F	M	D	A
L	U	B	J	U	N	I	P	E	R	A	I
P	L	A	Y	G	R	O	U	N	D	Y	K

WORDS TO FIND:

- ☐ HOLLY
- ☐ ROWAN
- ☐ PLAYGROUND
- ☐ OAK
- ☐ POPLAR
- ☐ JUNIPER
- ☐ NASCOT WOOD

- ☐ WILLOW
- ☐ NWJS
- ☐ BEECH
- ☐ LEARNING
- ☐ ELM
- ☐ CELEBRATION DAY

ARTWORK

By Harini - Year 3 Oak Class



By Tiaana - Year 6 Rowan Class

The Children in Year 6 were asked to describe their time at NWJS in 3 words. The word cloud shows the responses. Thank you to all the Year 6 children for their contributions.

NWJS



CLASS OF 2026

POPLAR & ROWAN

Editors farewell.....

So here we are, as we write this final piece we can not believe we are coming to the last few weeks of our time at Nascot Wood Junior School.

Our schooling journey did not quite start off in the 'normal way', two terms into Reception Class at Nascot Wood Infant School we went into lockdown due to the COVID-19 pandemic, little did we know that we would miss out on lots of exciting opportunities through the rest of the year and also during Year 1 when we went into the second lockdown. By the time we started Year 2, our journey at Nascot Wood Infant School was coming to an end before it had even felt like it started.

Moving to Nascot Wood Junior School in Year 3 was very daunting but all the teachers made us feel safe and welcome and they made sure we made up for any lost memories over the following four years at NWJS. Over the time we have had so many wonderful memories and been given many different opportunities, from readings at the annual Christmas Carol concert, to taking part in Maths challenges, sporting and music events, speaking to visitors to the school and in Year 6 having the opportunity to take on a role as part of the Junior Leadership Team (JLT) or Prefect Team. We have also made so many friends and some of whom we hope to keep in touch with for a lifetime.

It feels like we just started Year 3 yesterday and now here we are preparing to leave Year 6 and for our move to secondary school. For this reason we would like to use this opportunity to say on behalf of ourselves and all of the Year 6 children a big thank you to all of the teachers and teaching assistants, as well as the office and Site team who have helped make our journey so memorable. We will take all we have learnt with us to Secondary School and will be back to share stories and achievements from our new schools with you all soon.

Back in Year 3 you probably wouldn't have recognised us. We were just a bit scared and only beginning to understand what opportunities we could grasp a hold of to represent a place we would grow to think of as a second home. Both of us were able to excel in all fields while having fun and making new friends

It has been a privilege for both of us to have been chosen as the co-editors of the Nascot News during this last academic year and also to be part of the JLT, both of these opportunities have given us the chance to learn and grow and we are sure these will be invaluable for us in our future.

We would like to thank Mrs Singh and Mr Watts for your help and support with the three editions of this newspaper over the last academic year. Alongside this the support from our Year 6 teachers Mrs Ahmed and Miss Reynold as well as Mrs Thompson. A special thank you to all of the children who have contributed in some way with every edition, without your work we would not have been able to bring you these wonderful issues of The Nascot News. Collectively, we have been able to keep this

newspaper going for four years and we hope it will continue for many years to come. We would like to wish the new incoming Editors all the best and we look forward to reading the future editions too.

To the incoming Year 3 children, you should feel proud to wear the NWJS uniform, be ready to have the best four years of learning at NWJS and the time will go so fast so make sure you take every opportunity you have to push yourselves. To the incoming Year 6....we know for many of you the 11+ exam is looming but having been through it ourselves we know you will come out at the other end and be proud of all you have achieved. It is of course sad we are leaving NWJS but as the saying goes, 'all good things must come to an end'.....this isn't goodbye, it's just a see you soon....

Tiaana and Zachary
Co-editors of the Nascot News
2025-2026

Wishing all of the Staff, Children and families a wonderful summer holiday



FROM THE NASCOT NEWS TEAM