



## YES CHEF CATERING LTD NASCOT WOOD AFTERSCHOOL MEAL ALLERGEN CONTENT – 2025 Menu

**IMPORTANT NOTE: All food is prepared in a kitchen where nuts, gluten and other allergens could be present. Updated 10/1/2025**

The below allergen content is a guide as on occasions menus, ingredients and products may have to be substituted.

Please contact: Kevin Burn at Yes Chef Catering Ltd M: 07854 193595 Email: email@yeschefcateringltd.co.uk

UPDATED 10 JAN 2025														
MAIN DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Jacket Potato														
Cheese							✓							
Baked Beans														
Salad														
Fruit														
Yogurt							✓							
Margherita Pizza		✓					✓							
Tomato Pasta with Cheese		✓					✓							
Cheese Baguette		✓					✓							
Cheese Toastie		✓					✓							
Crisps		✓												

Main meals and desserts are served to a food standards portion size.

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Yes Chef Catering Ltd **MUST** be informed of any food allergies or dietary requirements & the day(s) the child wishes to eat before the start of each half term.

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