

# UPDATE FOR PARENTS

Friday 6th  
December  
2024

- Thought for the week
- Promoting positive mental health
- Congratulations
- Artworks of the week
- Focus on Attendance
- Upcoming events
- Stars of the week

## Thought for the week...

This Sunday is the second Sunday of advent , a four-week season in the Church calendar dedicated to anticipating the arrival of the Messiah, Jesus of Nazareth.



The second advent candle, 'The Bethlehem Candle' represents peace.

# Promoting Positive Mental Health at Nascot Wood Junior School



In 2021, we first developed our mental health strategy to reflect the importance of promoting self-esteem and well-being amongst our children and our school community.

We recognised that, in order for our children to achieve, they must feel emotionally secure and happy, and we continue to be committed to supporting their emotional and mental health, just as we support their learning.

We do this actively, and the support that we provide permeates through every area of the curriculum and every interaction that we have.

Even in the short time since the development of our strategy, the world has changed, and we have become more aware of the effects of children's exposure to smartphones from an early age. There is much research to say that this exposure has resulted in a greater number of children suffering from anxiety and other mental health issues.

If you are interested in this issue, have a look at <https://smartphonefreechildhood.co.uk/>

If you are finding this issue difficult to deal with, please contact the school and we will do our best to support you.

# Congratulations...



To Ruby, who has received an offer to join the Emerging Talent Centre at Tottenham Hotspur.

She was also the winner of the Under-9 Girls Hertfordshire County Tennis Singles Championship in August.

We are very proud of her sporting achievements!

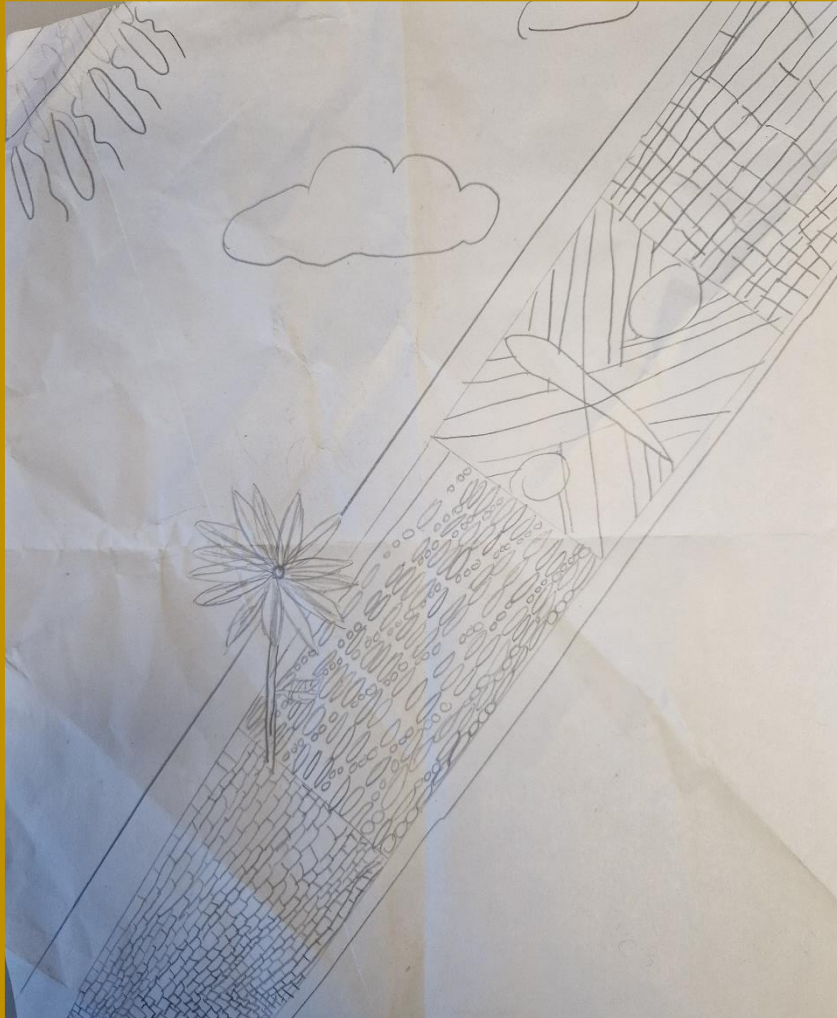
She has featured in a [Watford Observer](#) article which you can access [here](#)



## Artworks of the week



*Aditi, year 4 Oak*



*Chloe, year 3 Holly*

## Focus on Attendance

This academic year, there is an increased national and Hertfordshire focus on the importance of attendance. All our attendance figures are reported to the Department for Education every week, enabling them to assess how well each school is doing.

I will be including an attendance and punctuality report in each parents update, enabling you to see the picture across the school.

Congratulations to *Elm* class for near-perfect attendance!

Attendance and punctuality for Week beginning: Monday 25<sup>th</sup> November 2024

<i>Class</i>	<i>Attendance percentage</i>	<i>Number of children late</i>
3 Holly	94.44%	3
3 Willow	95.24%	6
4 Juniper	98.62%	3
4 Oak	92.67%	6
5 Beech	97.33%	6
★ 5 Elm	99.33%	2
6 Poplar	93.67%	4
6 Rowan	94.67%	2



Our target is 97% attendance each week!

## Upcoming events for your diary

<i>Events</i>	<i>Date</i>	<i>Is this event open to parents?</i>
Carol Service 	11th December (10.30am – 11.15am)	Yes – a limited number of tickets available on school gateway from Monday 2 <sup>nd</sup> December (tickets limited by space in St Andrew’s Church)
Christmas  Lunch	13th December	No
Pantomime 	17th December	No
Singer of the Year Finals 	19th December (11am–12 noon)	Yes – parents of finalists are warmly invited
Variety Show (Talent Show) 	18 <sup>th</sup> December 1pm	No



# Stars of the week

## Friday 29th November



Class	Nominee	Reason
Holly	Aliabbas	<i>For showing excellent mathematic skills when practicing column addition and subtraction. Well done for being the teacher to your peers and supporting them in the process of how to complete the tasks!</i>
Willow	Anvay	<i>For showing resilience and courage when auditioning for Singer of the Year. Well done, Anvay. Despite being unsure of the words, you gave it a good try, showing us all what a lovely voice you have. I look forward to hearing you sing next year, as I know with some extra practise and rehearsals, you'll have even more chance of getting through.</i>
Oak	Chenath	<i>For enthusiastically sharing his answers and ideas. It is fantastic to watch your engagement across the curriculum and how excited you are to share your excellent knowledge in both maths and English.</i>
Juniper	Hashim	<i>For writing an excellent article that is factually accurate, well-constructed and informative. Well done Hashim!</i>
Elm	Zayn	<i>For approaching Maths work with a true spirit of competition and always trying his best to excel.</i>
Beech	Arabella	<i>For writing a superb narrative in English. Arabella really showcased her natural talent for writing in this piece of work. All that reading that she does is clearly paying off!</i>
Rowan	Kristina	<i>For a beautifully written narrative based on the book 'Wisp: A Story of Hope'. You thought carefully about your language choices and replicated some of the techniques from the original story. Well done!</i>
Poplar	Amelia	<i>For writing an incredibly emotive and poetic additional scene for the story 'Wisp'. Amelia's writing was an absolute pleasure to read because it was accurate, cohesive and it included all of the techniques we have been learning about in class. Well done, Amelia!</i>

 Gold Headteacher's award