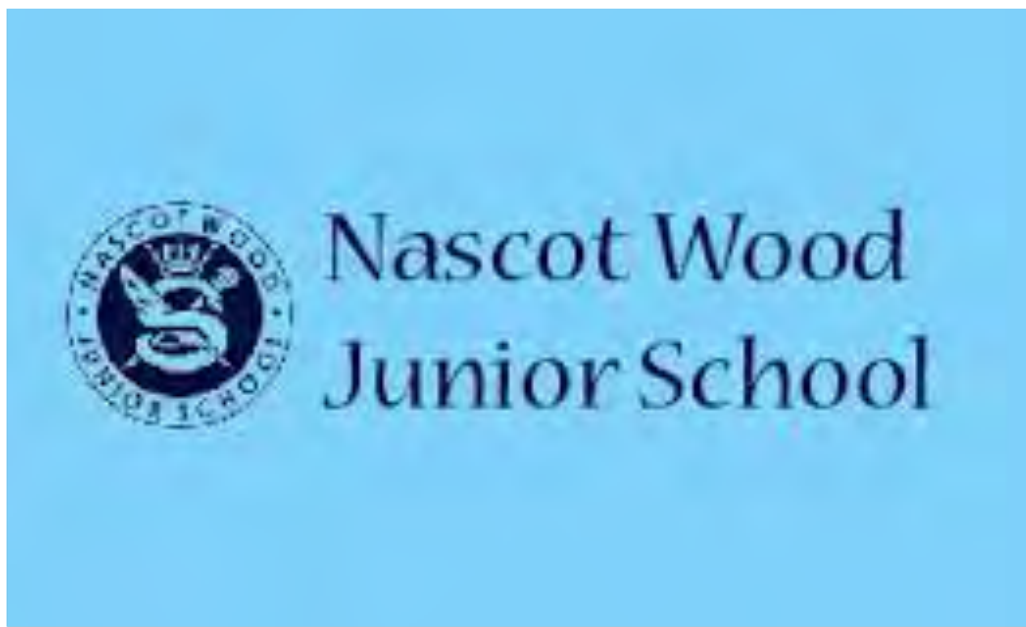


The Nascot News

Issue #3



Welcome to the third edition of The Nascot News. We hope you enjoyed reading the second edition and are looking forward to this special Coronation edition.

In this issue we have included articles about some big events that have happened in the past half term. We will be reflecting back on the main event which was the Coronation of King Charles III and how we, as a school, celebrated this historic event.

This half term Mrs Singh celebrated a remarkable milestone of 10 years as Headteacher at Nascot Wood Junior School. We, on behalf of all the students, would like to say congratulations and thank you to Mrs Singh for all that you have done and continue to do for our school.

With thanks to Jake Harris, Prajna Nandakumar, Shivank Madan and Kiran Sidhom (Year 6) who have helped us put together this third edition. Also thanks to Anika (Year 6), Sasha (Year 6), Rayan (Year 3), Arabella (Year 3) and Tiaana (Year 3) for their contributions.

We would also like to say well done to all Year 6's who have worked really hard for the SATs exam. Thank you to Miss Reynolds, Mrs Keane and all the Year 6 supporting staff for preparing us. We now can't wait for a very exciting and fun-filled last half term at Nascot Wood Junior School. Isle of Wight here we come!

We hope you enjoy reading the third edition of The Nascot News.

Have a wonderful half term.

Amelia and Jamie



Coronation of King Charles III



Interviews



Year 6's trip to the Houses of Parliament



MOCKTAILS

Marvellous Mocktail Recipes

Special Edition



Congratulations to his Majesty King Charles III on your Coronation. May you have a long and and glorious reign.

From all the children at Nascot Wood Junior School.



KING CHARLES III's CORONATION



A weekend of celebrations marked the King Charles III's Coronation, with a bank holiday weekend from Saturday 6 May to Monday 8 May. King Charles III is married to Camilla and has two sons, Prince William and Prince Harry. King Charles is the 40th British Monarch, also the King of another 55 countries known as the Commonwealth. Camilla is now known as the Queen Camilla.

On Saturday 6 May, there was the Coronation service where King Charles III was crowned in Westminster Abbey. On Sunday 7 May, there was a Big Coronation Lunch, street parties, community lunches, a concert, which was broadcasted on BBC One, featuring contemporary stars such as Freya Ridings, accompanied by an iconic legend, Katy Perry. It also featured a choir picked from the NHS, refugee choirs and deaf-signing singers. Light shows were also displayed at Windsor Castle. On Monday 8 May, there was an extra bank holiday where people were encouraged to volunteer for the big help out.

The Coronation dish was announced as a quiche; a dish that people could cook at home, involving themselves in the Coronation Lunch on the 7th of May.

Landmarks across the UK were lit up using projections, lasers, drone displays and illuminations. For those who were not able to see it in person, it was shown on a big screen in St. James's Park, Green Park and Hyde Park in London and was broadcasted live on BBC One, BBC iPlayer, BBC Radio 2 and BBC Sounds. People who didn't have a ticket for the concert on Sunday 7 May were encouraged to have street parties and local get-togethers for the Coronation Big Lunch. The Palace was expecting events to take place in streets, gardens and parks in every corner of the UK, with neighbours and communities being invited to share food and fun together, just as it was for The Platinum Jubilee for the Queen in June.

Written by Shivank



NASCOT WOOD CELEBRATES THE CORONATION



On Friday 5th May, Nascot Wood Junior School marked the royal event with a day of activities and a picnic lunch to celebrate the King's Coronation. The children enjoyed a week of Coronation-themed activities at school when they began making different kinds of festive decorations. These beautiful bunting and collages of the King were displayed for the whole school to admire in the hall and dining hall. The Union Jack prominently featured throughout the event, including on paper crowns, on Union Jack-themed cupcakes and on flags hung up and displayed throughout the building.

Everyone had lots of fun in school: from singing along to music; to making different crafts, and having our very own 'Royal lunch'. The pupils all enjoyed the day and wore the colours of the Union Jack with pride to mark the occasion of the Coronation of His Majesty King Charles III. In fact, King Charles III could be seen at our Coronation celebrations – or, at least, life-sized cut-outs of His Majesty and two Grenadier Guards were in attendance. This was an ideal photo spot – children were excited to be photographed with the King's cut-out.

After lunch, everyone had a chance to play several games in the playground. Some of them were coronation themed, like '*Pin the crown on the King*' and '*Beat the Goalie – whilst wearing a King Charles III mask!*'

Despite being interrupted by a short downpour, the day was packed with bliss and was an unforgettable experience. Hari, a Year 6 pupil, said that the highlight of his day was "*Wearing my own clothes and playing outside.*"

Finally, a big thanks to all the staff and parent helpers who made sure that the event went smoothly and that we all had a remarkable time.

Written by Prajna

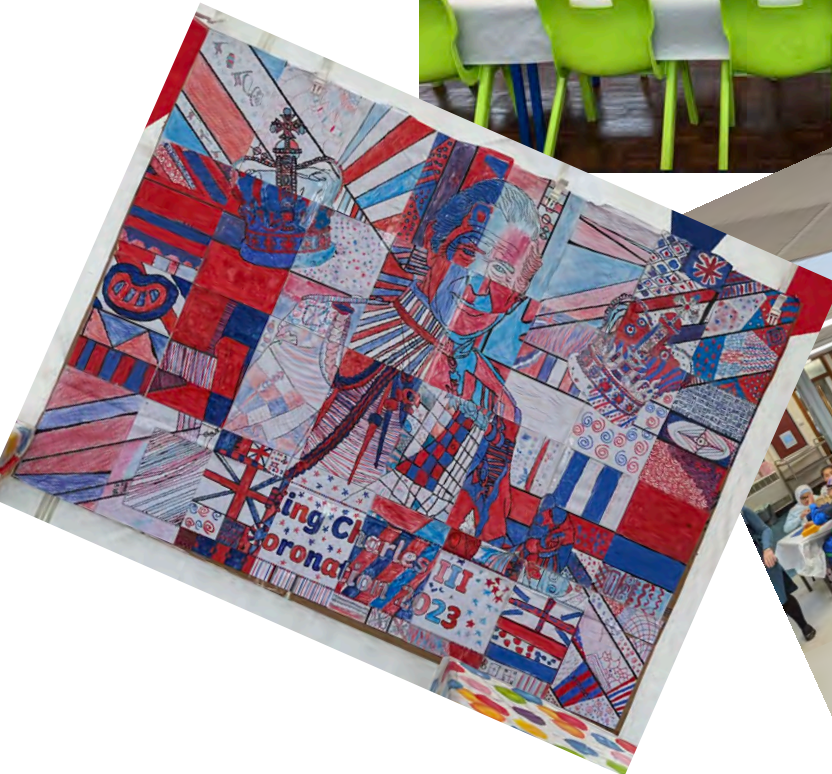


NASCOT WOOD CELEBRATES THE CORONATION





NASCOT WOOD CELEBRATES THE CORONATION





THE EDITORS CELEBRATE CORONATION DAY



The King's Coronation day was finally here! We were going to London to celebrate! We were going to be part of history!

The day had finally arrived and we woke up early so we could get to London with plenty of time to pick the best seats in the house (actually more like a patch of grass in a big park!). We travelled to London at 5:30 am with our families and friends so that we could watch the Coronation of King Charles III on a big screen in Hyde Park. Despite the grey clouds and constant heavy rain, we still thoroughly enjoyed ourselves and it was a great experience watching the ceremony live with other members of the public. It was truly magical to watch our first ever Coronation.

There were many events on the day and a lot of traditional ceremonies were performed, which were really interesting to watch. Some of the highlights from our day included watching the King's Procession travelling from Buckingham Palace to Westminster Abbey in the Diamond Jubilee State Coach. The coach was accompanied by The Sovereign's Escort of the Household Cavalry and it was astonishing watching the troops and horse accompany the carriage. The Coronation Procession, where The King and Queen return back to the Palace in the beautiful Gold State Coach, was also impressive and we couldn't believe how many soldiers took part in this spectacular parade. There were members of the Armed Forces from the Commonwealth and the United Kingdom, alongside The Sovereign's Bodyguard and Royal Watermen. Undoubtedly, the most memorable moment of the day was the crowning of King Charles and Queen Camilla. The moment the crown was placed on King Charles' head, there were three cheers for his Majesty which could be heard from the grounds of Buckingham Palace, the spectators on the Mall and those celebrating in the Royal Parks. The joyous cheers were deafening and it was amazing being surrounded by the public all excitedly cheering and frantically waving their flags.





THE EDITORS CELEBRATE CORONATION DAY



Due to the typical British weather, the planned flypass had to be shortened. However, the sight of the helicopters and then the colourful Red Arrows flying over our heads was a real treat. After the crowds dispersed, we made our way from Hyde Park towards The Mall and Buckingham Place so more memorable photo opportunities could be taken with our families.



Jamie's thoughts:

"My favourite moment would have to be when the King rode in and out of Westminster Abbey in the Golden carriages. The craftsmanship of the carriages was magnificent and the parade was fascinating and absolutely stunning."

Amelia's thoughts:

"WOW! What an experience. One I definitely won't be forgetting in a hurry. My favourite moment was the crowning of King Charles III. I also enjoyed watching the Flypass from Hyde Park even in the rain."

Why did we want to watch this big event in the rain when we could have watched it from the comfort of our own home?

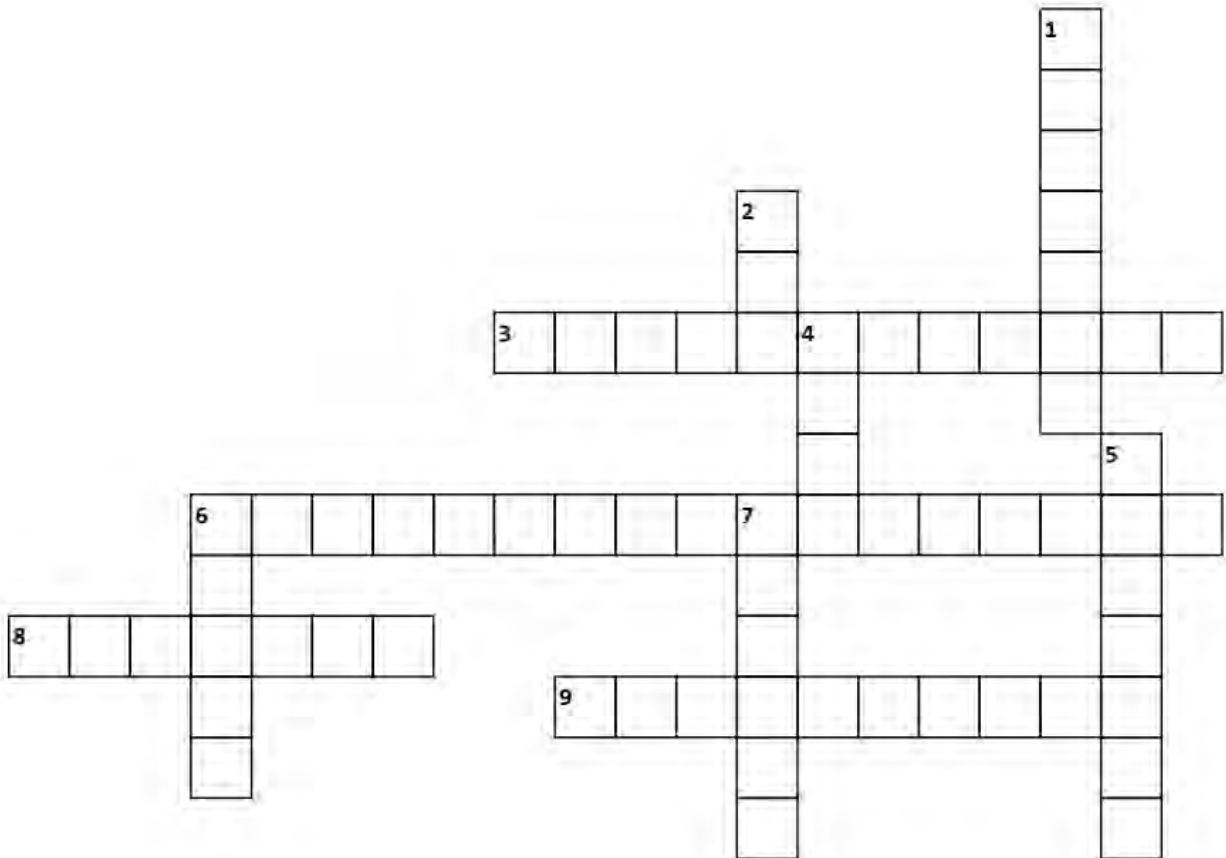
Well, last year we, with our families, queued for over 10 hours to pay our respects to the Late Queen Elizabeth II during her Lying in State. This was a moment in history and seeing as we managed to do this we thought why not be part of a happy moment in history too.

We hope you had a brilliant time marking the Coronation with your family and friends. We are looking forward to the next historic event that we can share with our families and we hope you are too.

God Save King Charles III



CORONATION CROSSWORD



Across

- 3. The 54 countries he is the head of
- 6. The Cathedral where the coronation took place in
- 8. Who is the next heir to the throne?
- 9. The name of the ceremony to officiate a new monarch

Down

- 1. Who is the Queen Consort?
- 2. How many kids does King Charles have?
- 4. At what age King Charles became Prince of Wales?
- 5. How long his mother reigned?
- 6. The language king learned as Prince of Wales
- 7. This is a special seat for a King or Queen



CORONATION CROSSWORD ANSWERS



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Miss Reynolds Interview

For the third edition we invited Miss Reynolds to be interviewed. Thank you Miss Reynolds for talking to us.

What did you do to celebrate the Coronation?

I celebrated the Coronation quietly and rather privately. My mother and I (and occasionally Edward) watched the entire Coronation together whilst snacking on delicious Coronation shortbread biscuits bought for me by Saifullah in my class. Thank you very much, Saifullah!

If you could meet any member of the Royal family past or present who would it be and why?

I would have loved to have met Queen Victoria during her reign because she was a very powerful woman in such a male-dominant world. I think it is amazing that she ruled for almost 64 years, which encompassed great industrial change, whilst simultaneously being a mother to nine children.

Who is your favourite member of the Royal family and why?

My favourite Royal family member is the Princess of Wales because I think she is intelligent, relatable and she supports important charities such as 'Heads Together', which is a mental health charity.

Who do you think is the funniest member of the Royal family?

Prince Louis. He always makes the most entertaining faces during royal events.



If you could be Queen for the day what would you let everyone do?

I would like to provide a treat for all schools - possibly an all-paid-for theatre trip to London's West End to see a production of the school's choice.

What 3 words would you use to describe the King?

Environmentalist. Respectful. Noble.

Have you been to any Royal Palaces? If so, which one? If not, which one would you like to visit? If you have visited more than one, which one was your favourite and why?

I have been to Hampton Court Palace, Windsor Castle, The Tower of London and Osborne House (Queen Victoria's holiday home on the Isle of Wight).

My favourite has to be Osborne House as I know it so well: I visit it every year with Year 6, and I never get bored of it. It is situated in a beautiful location, right next to the Solent, and it is steeped in history.

Interviewed by Jamie and Amelia

Mrs Keane Interview

For the third edition we invited Mrs Keane to be interviewed.

Thank you Mrs Keane for talking to us.

What did you do to celebrate the Coronation? I spent Coronation day with my family.

My mum and dad also came over. We sat and watched the celebrations together and enjoyed a delicious cream tea.

If you could meet any member of the Royal family past or present who would it be and why?

I would like to meet Queen Victoria. When I was at school we did a project about the Victorians and the class drew around me to make a picture of her. I have been fascinated ever since. She lived during a really interesting period in history and I would like to experience what life was like then.

Who is your favourite member of the Royal family and why?

My favourite member of the Royal family is Sophie, Duchess of Edinburgh. She does a lot of royal duties but in a very down-to-earth quiet way. She always looks fantastic and appears very kind.

Who do you think is the funniest member of the Royal family?

It has to be Prince Louis!



If you could be Queen for the day what would you let everyone do?

I would let everyone have the day off to plant a tree and give out ice creams.

What 3 words would you use to describe the King?

Regal, wise, respected.

Have you been to any Royal Palaces? If so, which one? If not, which one would you like to visit? If you have visited more than one, which one was your favourite and why?

I am very lucky to have visited a number of Royal Palaces across England and Scotland. My favourite one has to be Hampton Court. It is a palace full of history and great characters.. I love the gardens, especially the maze and have had many fun adventures there with my family.

Interviewed by Amelia and Jamie

Blue Peter Badges

Looking for something fun to do this half term - well why not apply for a Blue Peter Badge. It's an exciting and fun task and at the end you will receive a badge which you can use to enter over 200 attractions in the country for free! You better get going and hopefully you will receive it in time to use over the Summer holidays.

I have the Blue, Silver, Music and 2 sports badges and have recently applied for the new Silver badge over the Easter holidays and I know so many of my friends have also got their badges too!

There are 8 Blue Peter badges you can apply for: the original blue badge, the green badge, the silver badge, the purple fan club badge, the music badge, the sports badge, the orange badge and the rare gold badge (you must have at least one of the other badges). You will get a Blue Peter ID card and, using this and the badge, you can gain entry into over 200 attractions for free.

You can go to the following website to get more information on how to apply and we are looking forward to seeing your badges. <https://www.bbc.co.uk/cbbc/joinin/about-blue-peter-badges>



Summary of House Points:

Here is a summary of the house points so far:

In fourth place with 9808 house points in total is Dragon.

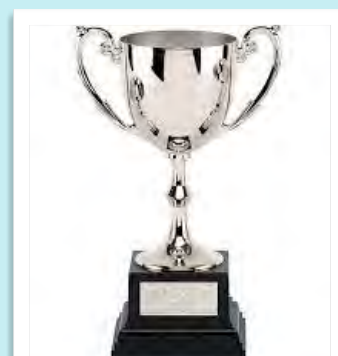
In third place, we have Unicorn with 10461 total house points.

In second place with 10533 house points is Griffin.

Finally, in first place, with 10641 house points in total is Phoenix.

Well done everyone for working hard and earning house points for their house.

Written by Anika



Dive into new worlds with Nintendo!

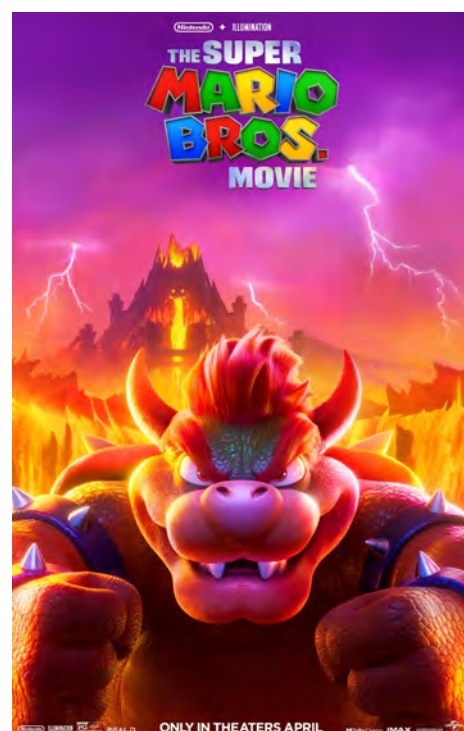
Written by Jake

Zelda tears of the kingdom Year 6

Explore, battle and adventure! Zelda tears of the kingdom has all of these categories! Join Link in an epic battle against Ganondarf who is the most evil villain in the Zelda series. If you don't know what I'm talking about then don't worry I'm going to explain. Zelda is an amazing open world game and in every Zelda game the aim is to defeat Ganon and save Zelda. Of course there are obstacles to manoeuvre! The obstacles are not only pig-like but also quite strong and hard if you are new to the game. The strange monster pigs are called Bokoblins. And they are slightly larger and thinner than the Bokoblins and these are called Moblins. There are also even larger monsters called: Stone Taluses, Hinoxes, Lynels, Battle Taluses. I could go on forever but I don't have much room left on my page! So I hope you have fun with the new Zelda game!

The Super Mario Bros movie Year 3-6

The Super Mario movie is the best little Mario taster that Nintendo has made, because it introduces new audiences to the Nintendo experience. The best thing about the movie is that there are references to other Nintendo games and characters, for example, at the start of the movie the man in the restaurant is playing jump man (the original Donkey Kong game). Mr Jack Black as Bowser is perfect for the role!



Man City vs Arsenal: Match Review

Written by Shivank and Kiran

Battle of the Top Table Titans

Prematch:

Manchester City have won their last 5 games against Arsenal and according to Google, Man City have a 60% chance of winning, Arsenal has a 20% chance of winning and a 20% chance of a draw. This is because the Cityzens have the Premier League's top scorer, and the Norwegian Beast, Erling Haaland, who is on track to beat the League's record of most goals scored in a season.

Arsenal are 5 points clear but Manchester City have two games in hand so they cannot afford to drop points. They really need to win all of their next games to keep the title hopes alive, including a win tonight. Even if they manage to do that, City might still have a chance to snatch the trophy from them.

Kiran's (Man United fan) Prediction - Man City 3-1 Arsenal

Shivank's (Man City fan) Prediction - Man City 4-0 Arsenal



In-game:

In the 7th minute, De Bruyne makes a 1-2 with Haaland while making a run. Haaland passes it past the defender and De Bruyne calmly slots it past Arron Ramsdale to make it 1-0.

After a flurry of chances for Man City, they finally managed to score their second goal. In the last few minutes of the first half, De Bruyne whips a free-kick into the box and John Stones headers it to make it 2-0, first ruled offside but overturned by VAR.

Then in the second half, De Bruyne sends a ball to Haaland and nobody is tracking the run from De Bruyne down the edge of the box. Haaland plays it back to him and he nutmegs the defender, Rob Holding and puts it in the bottom corner. 3-0 to the Sky Blues and they pretty much have the title in their hands now.

In the 86th minute, Jorginho whips in a cross and Leandro Trossard passes it to Rob Holding, who bangs it into the net past Ederson and makes it 3-1.

90+5 minutes in, Haaland gets his goal. John Stones heads it to Phil Foden who's pass takes a deflection of Holding and straight to Haaland, with a low shot past Ramsdale. 4-1. Manchester City have won the game and more or less the title as well.



Post Match:

Man City are now looking favourites for the Premier League title and Haaland is likely to break the record for the most goals scored in one season. He is also leading the race for the Golden Boot as he is clear by about 10 goals. Arsenal, who were leading by 10 points not long ago, are now only ahead by one point and Man City have two games in hand (meaning that Arsenal have played two more times than Manchester City).

It looks like the league title is going to the blue side of Manchester (Manchester City) unless they drop points. Arsenal have basically bottled the league (which means they won't be winning any trophies this year).

Join the fight to win victory!

Written by Jake

Collect, Paint and BATTLE!

Join the fight with the almighty **Space Marines** in the biggest battle of their lives! These walking talking tanks are three times bigger than any human! You will be surprised about how many parents and older adults used to have Warhammer figurines when they were younger!

When starting Warhammer you have a tough decision to make.

There are two eras to choose from you can either pick:

The almighty **Warhammer 40,000**

Or if you prefer less technology you can select...



Warhammer Age of Sigmar, which is a bit more like history, e.g. Roman Empire.

When it comes to choosing your army you have an opponent to face.

If you do choose **Warhammer 40,000**, it comes with **Necrons** that are like cyber skeletons who are the **Space Marines** worst enemy. In July **Space Marines** will have to come against the terrible **Tyranids!**

Visit <https://www.warhammer.com> for more information or call into your local Warhammer shop in Atria Watford as they are very helpful and friendly. Another great thing about the Warhammer shop is that they have free lessons to book!

I really enjoy painting Warhammer miniatures and would really recommend trying them out.

STARS IN THE SKY

By Sasha Amelo - Year 6 Poplar Class

Stars in the sky,
twinkle and wink cheekily,
bright in delight,
they shine like a flashlight

Here comes a shooting star!
Its as fast as lightning,
make a wish quick,
before it disappears in a flick.

A gift from heaven,
stars give us company,
in the dark night,
We pray and sleep tight.

Illustration © Bill Fyvie

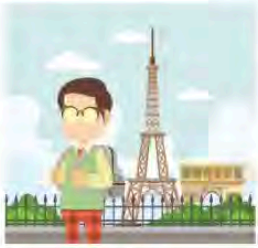
My Last Day on Earth

By Rayan Dutta - Year 3 Holly Class

I woke up from my sleep. I realised that it was my last day on Earth! Everybody would want to fulfil their dreams on the last day of Earth. So I made a plan on what I wanted to do.



Firstly, I decided to visit Paris so I booked a flight there and it took me about two hours to reach. At first, I went to the Eiffel Tower and had some snacks. After that, there were lots of performances happening and I asked if I could perform my singing and guitar piece for a couple of minutes. I made some new friends there and spent some time with them.



Then I went to my hotel room with my friends and played video games and football with them. We pranked each other and watched horror movies. When it was lunchtime, I had the most delicious food in the world and it looked like the best chef had made it only for me.



Finally, it was time for me to have a sleepover with my friends. I chatted and played board games for the rest of the day. It was night time so I had my dinner and went upstairs to sleep.



Suddenly, I heard an alarm ringing. It was 8 o'clock in the morning. "Oh! I am late and I need to get ready for school." I had the craziest dream.



My Impromptu trip to Belgium

By Arabella Green - Year 3 Holly Class

'Twas Easter Eve and I was the first to wake up. A few minutes later, my parents woke up, and I got ready. Then my mum asked, "Shall we have dinner in Belgium?" and I said "OK!" and my dad said "Sure". So that was that, we were going to Belgium!

I started packing straight away. Soon after, we were in the car and ready to go. On the way, we stopped for lunch. Do you like sushi? I do and it's my favourite. Not long after that, we were on the train, ready to go. Once we were on the train, we got our snacks and I sat with my dad and we shared them. Snack time was over and I needed to find something else to do so I read some of Harry Potter and the Chamber of Secrets. After what seemed like a millennium (35 minutes), we arrived in France, but we still had to drive all the way to Belgium.

While we were driving through France, I saw some of the most beautiful sights I may ever see in my life! There were: windmills, farms, tractors and amazing animals. I was so busy looking at the beautiful sights I did not realise we were finally in Belgium! Once we had crossed the border between France and Belgium I saw a farm that was half on the Belgium side and half on the French side. In Belgium, nearly everyone spoke Flemish (the same as Dutch), French and German but we spoke English. This fabulous country had millions of: SMALL and BIG DOGS!

In Belgium, there were so many trams! But there was even more CHOCOLATE and FRITES! This amazing country is famous for its chocolate. On our way to Bruges, we reached a small seaside town called Nieuport so we stopped and we went to the beach and had lots of fun. On the beach, we saw sea sponge, but it looked more like foamy-jelly-things. Then we went to a beach where we climbed some rocks and we had a great time.



The next day we continued our journey to Bruges. When we got there, we parked and I remembered that I took three CHOCOLATE EGGS from home and I thought that maybe I could hide them instead of eating them so then other people could enjoy them. The first place I hid one was on the floor in between bars in front of a HUGE mirror in the shade. Then we went for a walk and while we were walking, we saw a CHOCOLATE MUSEUM! After we saw the chocolate museum, I saw a small flower bed with a lot of shade, and I thought that I could put another egg in between two nice-looking flowers and I did. Soon after, I decided to hide my third egg back at the chocolate museum in a chocolate plant pot next to a fake chocolate egg.

With all the eggs well-hidden off we went into town to find a nice restaurant to eat lunch . We found a seafood place and we enjoyed eating mussels and frites. When we left the restaurant I turned and looked at the place where I hid the second egg and guess what... it was already gone! Then I got all excited because someone was going to enjoy eating it!

Did you know The Olmec were the people who turned cacao beans into chocolate and Joseph Fry was the person who invented “shoppable” chocolate bars?

Then I would have liked to go very quickly but I had to go quite slowly to let my parents keep up. I ran to the hiding place of the third egg and even that was gone too!! We had a very peaceful and quiet walk and while we were walking, we saw a few beautiful horses! We were sadly going to leave after that and when we went back, I checked to see if the first egg was still there and double sad it was. But I hid it again. Above it. On a bar. In the shade.

After that, I said goodbye to Belgium and we were back in France and in what I thought was less than a minute, we were on the car train in what seemed like less than ten minutes. We were back at home and I was back to my comfy bed.



Creative Thinking Group Visits the Science Museum

By Tiaana Chotalia - Year 3 Holly Class

On Tuesday 18th of April the children from the Creative Thinking group went to the Science museum with Mrs Singh and Mr Watts.

We went on the train from Watford Junction and it was exciting as we didn't have to sit on a coach.

At the Science museum we saw lots of different things. We went to the Space Center exhibition and it was out of this world. There were real space rockets hanging from the ceiling, a big model of the World and the amazing Space Shuttle. We could have spent all day here but we had lots more to see.

We saw lots of old cars and even walked through the flight centre and got to see lots of old planes. They all looked massive.

The best part of the day was going to the iMAX where we watched a 3D film about Antarctica. The iMax was amazing. When we entered two people were standing at the front with a tray of 3D glasses. We got to our seats and waited for the adventure to begin. I learnt a lot about Antarctica and other animals.

We went to the play area next to the iMax. It had lots of games and there was even an iPad on a stand that created 3D images.

Thank you to Mrs Singh and Mr Watts for organising the trip. We all had so much fun and we can't wait for the next Creative Thinking group trip.



Year 6's trip to The Houses of Parliament

Last week, the Year 6's were lucky enough to travel into London and visit the Houses of Parliament. We set off early from school and briskly walked to Watford Metropolitan station, where we caught the tube to Finchley Road. Once we got to Finchley road, we changed over to the Jubilee line and travelled to Westminster station. It was so exciting coming out of the station, and seeing Big Ben and the Houses of Parliament.

We walked over to the Education centre, where we were given our visitor passes and then began our tour. We were handed a headset and a receiver, so that we could hear the guide. During the day, we learnt about the two Houses in Parliament, The House of Commons and The House of Lords. Did you know that the Houses of Parliament was bombed on 10th May 1941, and as we walked past the buildings we could see the damage caused by the bombs. The House of Commons was completely destroyed and the House of Lords, Westminster Hall and Big Ben were damaged.

We visited the Strangers Gallery in the House of Lords first and could see the chamber, where the members were discussing and debating. We learnt that many years ago most of the members of this House were nobles, or people born into the upper classes and many of them inherited their position. Today, the members of the House of Lords are people who have expertise in a variety of subjects including education, sports, science and the arts. The knowledge they gain from their careers helps them in their work in parliament. The House of Lords is responsible for making new laws (legislation), checking the work of the government (scrutiny), and debating current issues. It was fascinating listening to the Lord Speaker and seeing the golden throne, where King Charles will sit at the State Opening of Parliament.

We then visited the gallery in The House of Commons, where there was a heated debate taking place. The House of Commons is an elected body consisting of 650 members known as members of Parliament (MPs). It was interesting to learn that in the House of Commons the seats are green and in the House of Lords they are red.

Next, we visited Westminster Hall, which is the oldest part of the Houses of Parliament and is over 900 years old. It is believed that when Henry VIII lived at the palace he used to play tennis in the hall. Two tennis balls were found by workmen in the hall's rafters in 1920. It was incredible to stand where Henry VIII once stood.

After this we had a workshop, in the education centre, where we learnt all about how to make a new law. Poplar class had their own debate about banning smoking and Rowan class debated about having a three day weekend. It was interesting to hear different viewpoints.

After lunch, our local MP, Mr Dean Russell came and spent some time with us. He told us all about his role in the House of Commons, the new law that he has been responsible for and we also had a question and answer session with him. The trip was great fun and a very informative and interesting visit. We all had a brilliant time and learnt a lot about this historic place.

Written by Jamie and Amelia



Year 6's trip to The Houses of Parliament

SENSATIONAL STRAWBERRY LIME MOCKTAIL

Strawberry, mint, lime, and Sprite make this virgin Strawberry recipe one worth repeating!

Prep time: 10 MINS

Total time: 10 MINS

Servings: 4

Ingredients:

- 12-14 Strawberries, stems removed
- 8 Large mint leaves
- 2 1/2 cups Sprite
- 1/8 cup Fresh lime juice

Garnish:

- Mint leaves
- Lime slices

Instructions:

- Add strawberries and mint leaves to a jug.
- Using a muddle (or a wooden spoon), muddle the strawberries and mint leaves. You're basically crushing strawberries and mint leaves to extract the juices. Be careful as you don't want to tear the mint leaves to pieces.
- Add the lime juice and Sprite to the jug then stir.
- Fill glasses with crushed ice (optional). Pour the virgin mixture over the ice. Garnish with extra mint and lime slices. Serve immediately.



MAGNIFICENT MANGO MOCKTAIL

A tropical twist on the mojito cocktail, the mango mojito mixes mangos, freshly squeezed lime juice, fresh mint leaves, and club soda for a non-alcoholic family-friendly summer beverage.

Prep Time: 10m

Servings: 2

Ingredients:

- 2 tablespoons extra fine granulated sugar
- 2 tablespoons fresh squeezed lime juice
- 10 mint leaves
- 3 tablespoons mango puree (fresh mango, pureed in blender)
- 1/2 cup lemonade

Instructions:

- In a large glass or container add sugar, lime juice, mint leaves and mango puree.
- Using the back of a spoon crush mint leaves to release scent and flavour, about 1 minute.
- Add lemonade and combine.
- Pour over glasses filled with ice and serve.

For optimum flavour use fresh lime juice





Hope you have a lovely half term break
Watch out for our fourth and final edition
for this academic year in July 2023.....

