

# The Nascot News

Issue: #2



## Nascot Wood Junior School

Welcome to the second edition of The Nascot News. We hope you enjoyed reading the first edition and are looking forward to the next one.

In this issue there are a lot of fascinating, interesting and adventurous stories and articles for you to enjoy reading. We have also hidden 9 easter eggs throughout this newspaper and these easter eggs contain a letter. You have to unscramble the letters to make a word. So make sure you look out for them!

With thanks to Jai Patel, Arshia Mayadeo, Kiran Sidhom and Sloka Tamada (all from Year 6) who have helped us put together this second edition. Also thanks to Prajna (Year 6), Rayan (Year 3), Oliver (Year 3), Mrs Keane and Ms Teer for their contributions. Lastly, thank you to Kiran and Jai (Year 6), Maya (Year 4) and Tiaana (Year 3) for sharing some memories of their recent holiday.

We would also like to congratulate the Year 6's who found out about their secondary schools on the 1st March. We hope they are extremely pleased with themselves as they have worked so hard for this.

We hope you enjoy reading the second edition of The Nascot News.

Have a wonderful Easter holiday.

Amelia and Jamie



Interview with Mr  
Watts



International  
Women's Day



Trip of a Lifetime



Watford vs Preston  
North End match  
report

## Mr Watts Interview

For the second edition we invited Mr Watts to be interviewed.

Thank you Mr Watts for talking to us.

If you were the headteacher of the school what is one thing you would change?

*If I were to become headteacher, I wouldn't necessarily make any changes. I am very fortunate that Mrs Singh allows me to work alongside her to run the school. Mrs Singh values my opinions and we usually make decisions about the things we would like to change in the school together.*

How many years have you been at the school?

*Eight and half a years.*

Before you were deputy headteacher were you ever a teacher?

*Yes, I have been teaching for about 17 and a half years, and I was a classroom teacher for about 9 years before becoming a Deputy.*

What is your favourite subject to learn?

*My favourite subject is History. I took a course in computing and someone told me that if I was any good at it I would always have a job because computers would become big in education.*

Why are you the computing subject leader, if your favourite subject is History?

*When looking at teaching degrees, I wanted to undertake a Bachelor of Education, with English as the curriculum subject. When I went to the interview, the course leader asked if I was 'any good with computers?' I explained that I was good with computers and he told me to consider the Bachelor of Education with ICT, rather than English, as ICT, computers and computing were going to be 'big in education', which would hopefully lead to job security.*



What is your favourite food?

*My favourite foods are chicken biryani, beans on toast, almost any type of sandwich and sausage rolls.*

What is your favourite book?

*'The Hobbit' is most probably my favourite book of all time. In addition, I really like to read Historical Fiction.*

If you could go to any place in the world, where would you go?

*Two of my favourite places that I have been to are Rome and Plymouth; I'd love to go back to both. I'd really love to visit Scotland, as I have never been.*

If you could meet one celebrity, who would you like to meet?

*I'd want to meet an older celebrity, as they would have lots of stories to tell me. Even though he is not alive today, I would like to meet Howard Carter, because of my love of History. If I had to meet someone that is alive today, I would meet Sir David Attenborough.*

What is your favourite movie?

*The Original Star Wars trilogy.*

What is your favourite animal and why?

*My favourite animal is a dog because I think dogs are wonderful companions. Before I went to university I always had dogs, and I was never lonely.*

Written by Arshia and Jai

## International Women's Day

Eleanor Roosevelt said “A woman is like a tea bag – you can't tell how strong she is until you put her in hot water,” and there is no better day to celebrate the strength of a woman than International Women's day. International Women's Day is celebrated worldwide on the 8th of March and it brings attention to crucial topics such as gender equality and violence and abuse against women.

Gender equality was made part of international human rights law by the Universal Declaration of Human Rights which was then supported by the UN General Assembly on the 10th of December 1948. Before this though, in 1920, women were given the rights to vote. They were treated completely differently from men, and men got more civil rights than women. Even though rules were changed in 1948, everything still wasn't equal between men and women such as how much they got paid. During the 1900s there were many people who fought for pay rises but one person that was included in this was Barbara Castle. As a result of what she had done she was first elected to Parliament in 1945 as MP for Blackburn.

In the 1800s women were not legally allowed to vote, make contracts or own a property. A woman simply had to serve



her husband and help around the house along with taking care of children if they had any. By the 1830s women had become more bold and started to fight for their rights but the rules were not changed until the 1940s.

Women in the past have made an impactful change in all of our lives. Florence Nightingale is an example of a woman who has changed our society. She has helped many people recover and despite the hardships she faced she kept on going and served her community.

To this day women and men are still not completely equally treated. Although many things have changed and society has become much better, we can improve it by making sure there is no difference in the power men and women get.

Written by Arshia

## International Food Day

On Monday 20th March 2023, the school gathered for an International Food Day organised by the School Council and Miss Derbyshire. We celebrated the diversity of the school and the different cultures and backgrounds of pupils by arranging this day. The event was attended by pupils, staff and also parents who kindly brought in food for the children to try and enjoy. In the afternoon the children had the chance to be shown around the dining hall, where everyone who made something spent their time talking to the students and teachers about the dish they had made. They explained to us the name of the dish, explaining the ingredients inside and what culture or country the dish is from. All the dishes were amazing and were very delicious. The hall was filled with excitement and it was lovely that we were able to raise money for The Red Cross.

We asked Miss Derbyshire for a quote on how the event went. Here is what she had to say, *“What a wonderful event. It was so lovely for our whole school community to come together and share a fantastic and delicious variety of foods. Many thanks to everyone who brought fodder attended our International Food Day.”*



Kiran in Year 6

Thank you to everyone who contributed and we can't wait for the next International Food Day.

Written by Jamie and Amelia



Sloka in Year 6



Mrs Keane Rowan Class teacher



Aidan in Year 5

### Pancake race

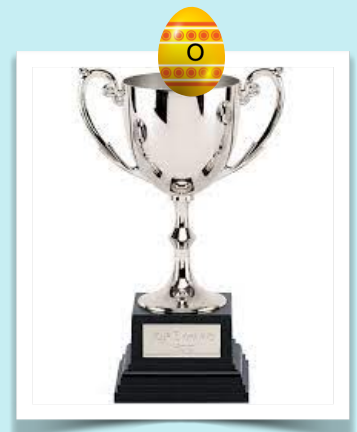
A few weeks ago, pancake day commenced on Shrove Tuesday, February 21st 2023. As you know, our school had a pancake race. This pancake race is the first one in 2 years. It was thoroughly enjoyed throughout the school. House Points, as you know, were rewarded by the teachers for which house came first and which house had the best pancake remains.

### Summary of House Points

The house points for the first term were very interesting to add up. Here is a little summary of it :

So far Dragon has won 4 times, Griffin has won 4 times, Phoenix has won 7 times and Unicorn has won 7 times. The total house points won by Dragon in the first and second term combined was 4448, for Griffin was 4574, Unicorn had 4538 and Phoenix had 4626. Which makes our winner for the first and second terms combined, Phoenix.

Written by Jai



## What is your favourite subject?

We created a poll for the students to vote for their favourite subject. It was interesting to see the results as they were very close. We had 207 responses and overall most children voted for P.E as their favourite subject, and the least voted subject is PSHE with one vote. With P.E coming top of the subjects and had one more vote than joint second place which is Maths and Art. Here are the results:

39 children voted for Maths

39 children voted for Art

13 children voted for English

1 children voted for PSHE

12 children voted for Science

30 children voted for Computing

6 children voted for Geography

2 children voted for French

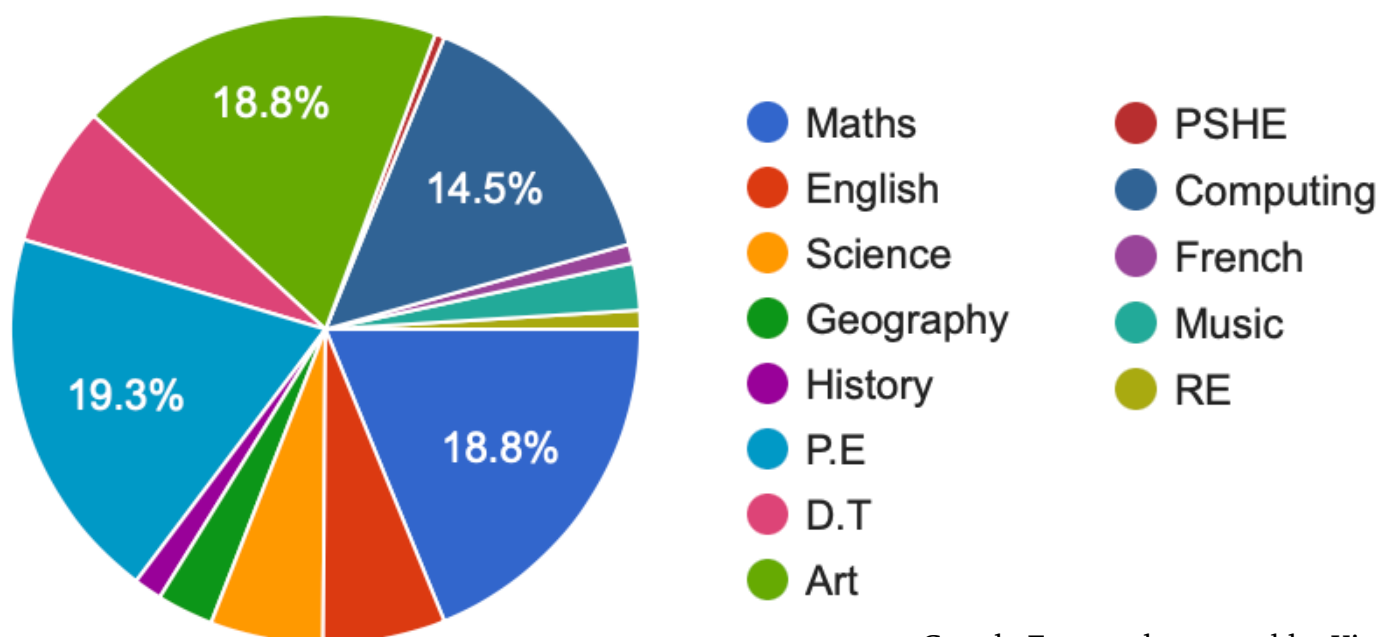
3 children voted for History

5 children voted for Music

40 children voted for P.E

2 children voted for RE

15 children voted for D.T



Google Form pole created by Kiran and Jamie. Data analysed by Amelia and Jamie.

## What is STEM?

**STEM** education refers to Science, Technology, Engineering and Maths in an educational context.

What are the benefits of **STEM** education?

**STEM** education offers many benefits, including:

- encouraging children to use their knowledge in real-life contexts - this allows them to see the value in what they are learning.
- developing problem-solving and critical thinking skills by encouraging children to develop plans and revisit and amend ideas.
- encouraging children to work cooperatively - by practising team-building skills early, children will learn how to take responsibility and play their part using their own strengths. Working collaboratively will replicate how they might be required to work when they embark upon their career.
- encouraging creativity - children will need to open their minds to new ideas and innovations. They will be encouraged to develop their own ideas and solutions in response to **STEM** problems.
- building confidence - children will be encouraged to take risks and adapt plans when things go wrong, learning valuable lessons from this process. This will build their confidence in their ability and ambition to succeed.
- developing leadership qualities - children might be required to work with many different personalities, so being able to navigate through a project where others may have opposing ideas and different skill sets will be invaluable for a future career.
- It's fun! Who doesn't like developing ideas and seeing if they work? Practical applications of learning are always more memorable than being told to memorise a piece of knowledge.

What types of jobs could **STEM** education lead to?

**STEM** education could lead to a satisfying and exciting career, such as openings in:

- Science - astronomy, Earth science, environmental science, geology, medicine
- Technology - video game design, electrician, plumbing, computer science, 3D printing
- Engineering - civil engineering, chemical engineering, robotics, environmental engineering, electrical engineering
- Maths - statistics, finance, mathematical modelling, cryptography, risk management

With thanks to Mrs Keane for sharing this information with us

## Trip of a lifetime

### The Land of Fire and Ice

#### ICELAND - islandi

Waterfalls, volcanoes, geysers, ice caves, beaches and the enchanting Northern Lights. These were some of the extraordinary and mind-blowing sites that were experienced by 6 Nascot Wood students on this trip of a lifetime.

On this fascinating trip we travelled from west to east, along the south coast of Iceland. We went and saw incredible sites and amazing sunsets. We even saw a double geyser explosion, many waterfalls and travelled long hours to see the Aurora Borealis. We were lucky to see the Northern Lights twice!

On our trip we walked around Reykjavik and looked at the amazing sights such as the Hallgrímskirkja Church, Rainbow street and the amazing Street Art on the walls all whilst trying to keep our feet firmly on the ground and avoid being blown away.

During the week we experienced all weather conditions and sudden changes. We had to drive through snow storms, but then very quickly it would stop. We will definitely not be complaining about the weather here as we walked through snow and rain in minus temperatures.



To hear about our favourite moments, please scroll down to the next page.

Jamie's favourite memory of the trip: "I thoroughly enjoyed my entire trip to Iceland and have a lifetime of memories to look back on. My favourite experience was visiting a natural ice cave in Vatnajokull - Europe's Largest Glacier. We had to travel via a super jeep to the glacier and then had to trek to the cave. The ice cave was covered in crystal blue ice that had been there for centuries. It was a truly mesmerising wonder of nature and the walls were covered in intriguing designs engraved on the ice."

Kiran's favourite memory of the trip: "My favourite memory of the trip was going on a flight simulator called 'Fly over Iceland'. It took us all over Iceland whilst sitting in our seats! We could see all the views and it even sprayed water over our face when we went through the waterfall to make it feel realistic. We flew over volcanoes and we flew down low to soar down by the rivers. There was this one time when we suddenly dropped which made it feel like a rollercoaster. It was an unforgettable experience and I would love to go again!"

Amelia's favourite memory of the trip: "WOW! The views in Iceland are breathtaking! Every time I looked out of the window, we climbed a hill or up near the waterfalls there was always something different to see. Standing at the top of the hill in Vik with the amazing red-roofed church behind us we saw the most spectacular views out to the sea. When we climbed over snow covered rocks around the side of the Kerid Crater, we had not only beautiful views out seeing the mountains but also to look down and see the frozen lake was incredible. I am lucky to have so many photos of our trip and I love looking back at them."

Jai's favourite memory of the trip: "My favourite memory of the trip was when we went on an attraction called 'Fly over Iceland'. You could experience everything that Iceland had to offer while sitting in your seat. Fly Over Iceland is an immersive experience. You could feel the snow falling on your face as you flew over the mountain peaks. It felt like I was actually there. It is an experience that I will never forget."

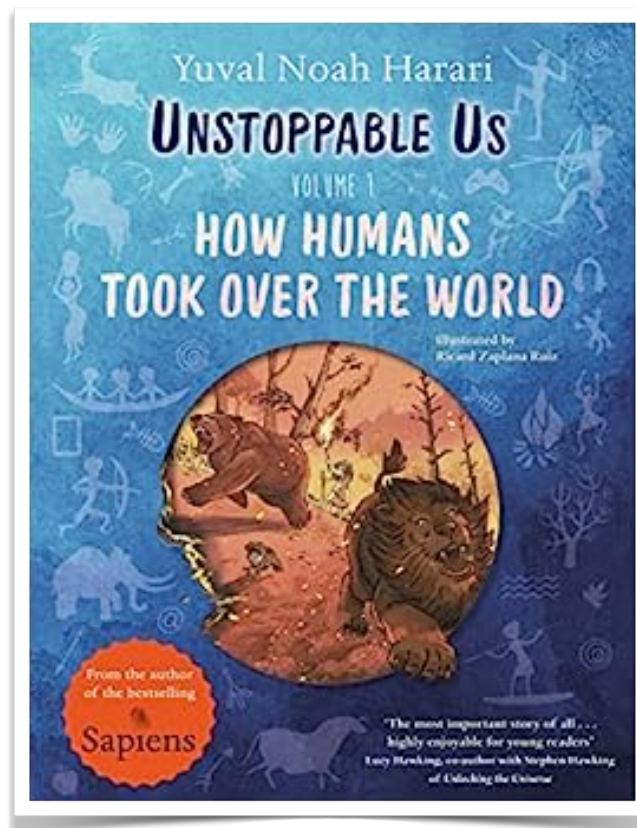
Maya's favourite memory of the trip: "My favourite moments of the Iceland trip were the snowball fights! The snow was soft and fluffy, not hard and icy like the snow here! We had many fun times rolling in the snow! I also loved meeting the Iceland horses. They resemble ponies and I was told that they are original Viking horses and one of the purest horse breeds in the world! I loved stroking their beautiful long manes!"

Tiaana's favourite memory of the trip: "I really enjoyed walking on the snow, the best day was when we had to climb 370 steps to reach the top of Skogafoss waterfall, it was worth it because at the top there was a beautiful view of the waterfall. I was also speechless by the Northern Lights, they were more amazing than I had read about. It was the best holiday ever and I won't forget it for a very long time."



# Yuval Noah Harari's Unstoppable Us Volume 1

Book Review By Prajna Nandakumar - Year 6 Rowan Class



Humans. What first comes to your mind when you hear the word 'humans'? It is us, the species who took over the whole world. Just a few million years ago, we were merely a feeble species. We humans aren't strong like lions. We don't swim as well as dolphins. And we definitely don't have wings. So how did we end up ruling the world?

Unstoppable Us takes us on a trip back 2 million years. As we journey through time, we watch our feeble ancestors rise and as they transform into humans as we know them. From learning to make fire, to cooking meals, using the stars as guides and even landing on the moon, you can experience the human history you have never seen before. More importantly, find out how YOU have the superpower to change the world. This book is the tale of our species, combined with expressive illustrations and simple analogies to create the perfect read for young children aged 7 and older. As well as being fascinating and factual, this book explains several of our instincts.

I highly recommend reading this since it can take us on an adventure around the world without even leaving the room. Hope you enjoy it!

## Wonderful Spring

By Rayan Dutta - Year 3 Holly Class



I sat on a bench while colourful, vast trees swayed freely in the soothing wind and relaxed comfortably in front of my eyes. There were beautiful animals prancing around me friendlily and happily. I saw sweet little birds in the calm clear sky above me. The plants grew bigger and bigger at every special warm moment.

All the bunnies woke up after their long hibernation to get ready and start a fresh beginning. Every squirrel started to find more nuts and got out of their homes more often. Bewitching butterflies flew over me and tall trees, with different patterns on each of the lovely ones.



“When all of the bunnies were running,  
The beautiful birds were humming,  
Immense blossom trees grew,  
As their lovely petals blew.”



# WATFORD VS PRESTON NORTH END

## SATURDAY 4TH MARCH 2023 - MATCH REPORT

By Oliver Kramer - Year 3 Willow Class



### Vicarage Road Stadium, Watford

**FT Score: 0-0 HT Score: 0-0 Attendance: 19,244**

Going to watch Watford FC with my Daddy and Papa (Grandad) on a Saturday is one of my favourite things to do. Watford were relegated from the Premier League last season and we are trying to get promoted from the Championship this year. The season so far has been tricky, and they have already sacked one manager. We hoped today's game would be better.

Papa picked us up from home 2 hours before the game. When we arrived we went to the Watford shop and saw my friend Louis, who plays football with me for Croxley Green. Daddy bought me the Watford 3<sup>rd</sup> shirt (I think because it was on sale!), and I put it straight on over my jumper.

We then went into the stadium in the Rookery stand, which is where we sit. Louis and I love going down the stairs before the game to see the Watford players warm up, and we were lucky because our favourite players Joao Pedro came over and gave us a high five.

The game started at 3pm, and the team tried hard but we didn't have many chances. Joao Pedro had a shot but it was saved. At half time it was 0-0. The manager brought on Araujo, Aspilla and Gaspar to try to win the game, but it didn't make much difference and despite a few shots, it ended goalless.

Two days after the game the manager got sacked, Watford's 10<sup>th</sup> manager in only 3 years! I hope our new manager gets us some wins soon and we keep our chance to get promoted back to the Premier League.

# Recipe

## Chocolate egg baked tart



Prep: 20 mins  
Cook: 30 mins

Easy  
Serves 12

### Ingredients

#### **For the base:**

- 80g butter, softened
- 40g golden caster sugar
- 120g self raising flour

#### **For the filling:**

- 75g butter
- 100g dark chocolate (70% cocoa)
- 75g golden caster sugar
- 50g plain flour
- 4 large eggs, beaten
- 2 x 80g bags of chocolate eggs (we used Galaxy Golden Eggs)
- crème fraîche, to serve

### Method

#### **Step 1**

For the shortbread base, beat the butter and sugar together until light and creamy, then mix in the flour. Press the dough into the base of a 20-21 cm tart tin and put in the fridge for 20 mins to harden.

#### **Step 2**

Heat oven to 180C/160C fan/ gas 4. Prick the base all over with a fork and bake in the centre of the oven for 15 mins until lightly golden.

#### **Step 3**

Meanwhile, melt the butter and chocolate together in a saucepan over a low heat. Once melted, stir in the sugar and flour, then gradually beat in the eggs. Pour the filling over the base and cover the top in chocolate eggs. Return to the oven and bake for 12-15 mins or until the filling is just set at the edges but the centre is still shiny and a bit wobbly. Remove from the oven and put in the fridge to chill. Can be made a day ahead and kept in the tin overnight. To release from the tin, warm the sides with a hot dishcloth for a couple of mins. Serve with crème fraîche.

# Recipe

## Easter Egg cookies



### Ingredients

- 250g of butter
- 120g soft brown sugar
- 125ml of condensed milk
- 1 tsp of vanilla essence
- 300g SR flour
- 150g plain flour
- 100g of milk chocolate, chopped
- 100g of chopped roasted macadamias, (optional)
- 3x 125g of Cadbury's mini eggs (or equivalent)
- 150g dark chocolate, melted

### Method

- Preheat the oven to 180C/160C (fan oven) and line a baking tray with greaseproof paper.
- Beat butter in a bowl until soft (by hand or electric mixer), add sugar and beat until light and creamy, add the condensed milk and beat until fluffy, mix in the vanilla essence.
- Using a metal spoon, fold in the flours, chocolate and nuts (if using) and mix well.
- Roll rounded tablespoonfuls of the mixture into balls and place on the baking tray leaving room for the mixture to spread. Flatten slightly.
- Bake for approx. 12 minutes or until pale golden brown.
- While the cookies are still warm, gently press 3 mini eggs into each one. Leave to cool.
- Drizzle each cookie with melted chocolate, leave to cool and then serve.

*Enjoy!*

With thanks to Ms Teer for sharing this recipe with us.

# Jokes

## *It's joke time!*

Year 3 Holly Class what's your joke?

What do you call a fake lasagne?  
Impasta

Year 4 Oak Class what's your joke?

Knock knock. Who is there?  
Achoo. Achoo who? Bless you.

**YEAR 5 ELM CLASS WHAT'S YOUR JOKE?**

**WHAT'S THE BEST THING ABOUT SWITZERLAND?  
I DON'T KNOW BUT THE FLAG IS A BIG PLUS.**

**DID YOU HEAR ABOUT THE MATHEMATICIAN WHO'S AFRAID OF NEGATIVE NUMBERS?  
HE'LL STOP AT NOTHING TO AVOID THEM.**

Year 6 Poplar Class what's your joke?

I tried to sue the airport for losing my luggage, but I lost my case.

Year 3 Willow Class what is your joke?

Where do roses sleep?  
Rosebed

Why did the cupcake go to the dentist?  
To get a filling

Year 4 Juniper Class what's your joke?

What do ducks eat?  
Quakers

When do ducks wake up?  
At the quack of dawn

Year 5 Beech Class what's your joke?

A man walks into a bar with a giraffe, He puts it in the corner and goes to the bar.  
"Oi you can't leave that lying there!" said the barman.  
"What? That's not a lion, it's a giraffe!"

Year 6 Rowan Class what's your joke?

What did the sushi say to the bee?  
Wasabi

With thanks to all the classes for your jokes and to Sloka for collecting them.

Have a wonderful  
Easter holiday and  
watch out for the third  
edition in May 2023

