



# NASCOT WOOD JUNIOR SCHOOL

## AFTERNOON TEA CLUB MENU



	Monday	Tuesday	Wednesday	Thursday	Friday
MEAT/FISH OPTION	<b>Green Pesto Pasta Salad with Mixed Peppers &amp; Cherry Tomatoes</b> <i>(Gluten &amp; Milk)</i>	<b>Cheese &amp; Tomato Puff Pastry Slice</b> <i>(Gluten &amp; Milk)</i>	<b>Cream Cheese &amp; Cucumber Wedges</b> <i>(Milk)</i>	<b>Ham &amp; Cheese Filled Crossants</b> <i>(Gluten &amp; Milk)</i>	<b>Vegan Sausage Roll</b> <i>(Gluten &amp; Soy)</i>
DESSERT OPTION	<b>Fresh Fruit Wedges</b> <i>(No Known Allergens)</i>	<b>Fresh Fruit Wedges</b> <i>(No Known Allergens)</i>	<b>Fresh Fruit Wedges</b> <i>(No Known Allergens)</i>	<b>Fresh Fruit Wedges</b> <i>(No Known Allergens)</i>	<b>Fresh Fruit Wedges</b> <i>(No Known Allergens)</i>
SALAD & SIDES	<b>Salad of the Day</b> <i>(No Known Allergens)</i>	<b>Baked Crisps</b> <i>(Contain Soy. May Contain Gluten, Celery &amp; Mustard)</i>	<b>Salad of the Day</b> <i>(No Known Allergens)</i>	<b>Pom Bears</b> <i>(No Known Allergens)</i>	<b>Salad of the Day</b> <i>(No Known Allergens)</i>
VEGETABLES	<b>Carrot &amp; Cucumber Sticks Houmous</b> <i>(Houmous Contains Sesame)</i>	<b>Pepper Sticks &amp; Celery Stick</b> <i>(Contains Celery)</i>	<b>Carrot &amp; Cucumber Sticks with Beetroot Houmous</b> <i>(Houmous Contains Sesame)</i>	<b>Carrot &amp; Pepper Sticks with 1000 Island Dip</b> <i>(No Known Allergens)</i>	<b>Pepper &amp; Cucumber Sticks with Garlic &amp; Herb Dip</b> <i>(No Known Allergens)</i>