

# PSHE CURRICULUM

*'Children with higher levels of emotional, behavioural, social and school well-being on average have higher levels of academic achievement and are more engaged in school, both concurrently and in later years.'*

*Department for Education*

# PSHE: Intent

Our PSHE and Citizenship scheme of work aims to equip children with essential skills for life; it intends to develop the whole child through carefully planned and resourced lessons that develop the knowledge, skills and attributes children need to protect and enhance their wellbeing.

Through these lessons, children learn how to stay safe and healthy, build and maintain successful relationships and become active citizens, responsibly participating in society around them.

Successful PSHE curriculum coverage is a vital tool in preparing children for life in society now and in the future.

Lessons in this scheme of work have their foundations in seeing each and everybody's value in society, from appreciation of others in units such as *Celebrating Differences*, to promoting strong and positive views of self in *Being Me in My World*.

Jigsaw PSHE and Citizenship units aim to cover a wide range of the social and emotional aspects of learning, enabling children to develop their identity and self-esteem as active, confident members of their community.

The themes and topics support social, moral, spiritual and cultural development and provide children with protective teaching on essential safeguarding issues, developing their knowledge of when and how they can ask for help.

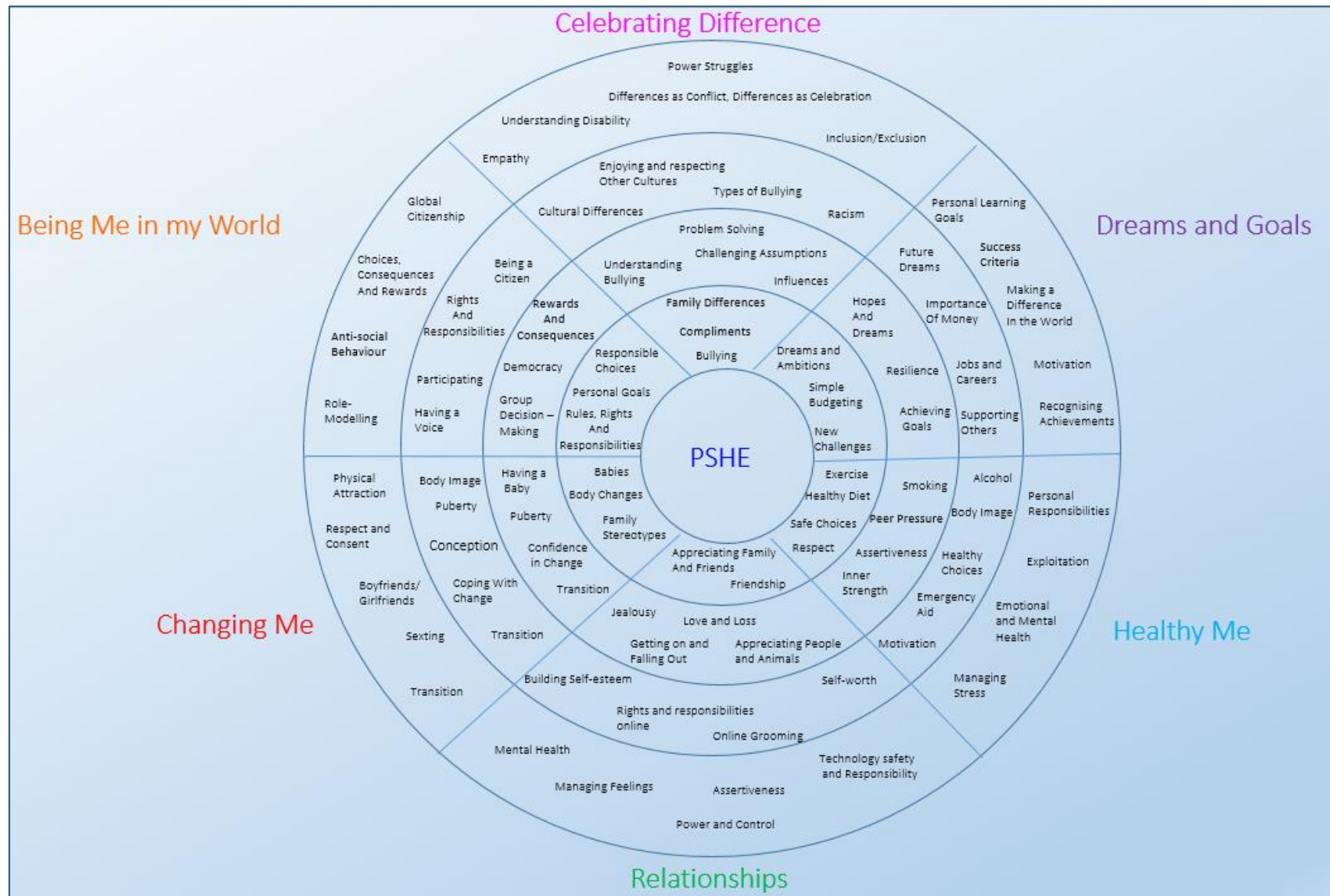
Jigsaw's PSHE and Citizenship resources are fully in line with the Learning Outcomes and Core Themes provided by the PSHE Association Programme of Study which is widely used by schools in England and is recommended and referred to by the DfE in all key documentation relating to PSHE provision in schools.

This scheme of work covers all the required objectives and follows the three core areas of *Health and Wellbeing*, *Relationships* and *Living in the Wider World*. It fulfils the requirements of 2020 Statutory Relationships and Health Education, setting these learning intentions in the context of a broad and balanced PSHE curriculum.

What do we want the children to know and understand?



# What do we teach?



# Implementation



Our PSHE scheme of work is designed to be taught in thematic units, which consist of six lessons, each with supporting materials including a planning overview, assessment statements, learning journey record and display materials.

It is suggested that these units are taught in a spiral curriculum that revisits each theme every year. This enables children to recall and build upon previous learning, exploring the underlying principles of PSHE education regularly at a depth that is appropriate for the age and stage of the child.

Lessons also signpost key words, building a rich vocabulary to develop understanding. Our PSHE units are designed to be delivered in a creative manner, using many approaches such as role play, discussion and games with groups of various sizes.

These activities enable children to build confidence and resilience. Resources are also provided for communicating with parents and carers about how and why each theme is covered and suggestions for extending the learning at home.

Assessment for learning opportunities are built into each lesson and enhanced by the Learning Journey Records included in each unit, which enable self-evaluation and reflective learning and allow teachers to evaluate and assess progress.

Each lesson begins with a discussion of children's existing knowledge and experience, providing an opportunity for baseline assessment.

Each lesson ends with an opportunity to consolidate and reflect upon learning. Tools are used for summative assessment, allowing progress to be recorded and tracked.

# Impact

The Jigsaw PSHE scheme of work provides schools with an effective curriculum for wellbeing. We know this because:

- Our children are enabled to develop the vocabulary and confidence needed to clearly articulate their thoughts and feelings in a climate of openness, trust and respect, and know when and how they can seek the support of others
- They regularly apply their understanding of society to their everyday interactions, from the classroom to the wider community of which they are a part
- Jigsaw's PSHE scheme of work has supported the active development of a school culture that prioritises physical and mental health and wellbeing, providing children with skills to evaluate and understand their own wellbeing needs, practise self-care and contribute positively to the wellbeing of those around them

## We evaluate the impact of what we teach by...

- Carefully monitoring and reporting on the progress and attainment of individual children and groups of children, and ensuring that staff have access to this information to inform their planning
- Identifying gaps between disadvantaged children and other children, and ways to address gaps if they occur
- Regularly consulting with children
- Listening to Teachers
- Working in partnership with parents

This process of evaluation results in a continuous and relentless striving for marginal gains improvement.