

NWJS School meal menu Summer term – (April – July 2021)

Week 1 – Weeks Commencing: 12/04/21, 03/05/21, 24/05/21, 21/06/21, 12/07/21				
Monday	Tuesday	Wednesday	Thursday	Friday
Beef Bolognese with Pasta	Italian Chicken Fillet with Savoury Rice	Roast Pork with Sage & Onion Stuffing with Roast Potatoes	Beef Burger in a Bun with Diced Potatoes	Salmon Fish Fingers with Low Fat Chips
Vegetarian Sausages with Potato wedges (V)	Macaroni Cheese with Wholemeal Herby Bread (V)	Quorn Fillet with Roast Potatoes (V)	Vegetarian Roll with Diced Potatoes (V)	Cheese and Tomato Pizza with Low Fat Chips (V)
Jacket Potato with Tuna Mayonnaise	Jacket Potato with Baked Beans (V)	Jacket Potato with Cheese (V)	Jacket Potato with Cheese (V)	Jacket Potato with Baked Beans (V)
Pear & Apple sponge	Fresh Fruit wedges	Oaty Sultana bar	Fruit Jelly	Chocolate Sponge
Week 2 – Weeks Commencing: 19/04/21, 10/05/21, 07/06/21, 28/06/21, 19/07/21				
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken & Sweetcorn Meatballs with Savoury Rice	Chicken Pie with Creamed Potatoes	Roast Beef and Yorkshire Pudding with Roast Potatoes	Gammon Pasta Carbonara	Fish Fillet Finger with Low Fat Chips
Veggie Mince Fajitas with Savoury Rice (V)	Cheesy Spring Vegetable Bake with Creamed Potatoes (V)	Beany Bolognese with Pasta (V)	Quorn Hot Dog with Pasta	Cheese and Tomato Pizza with Low Fat Chips
Jacket Potato with Tuna Mayonnaise	Jacket Potato with Cheese (V)	Jacket Potato with Baked Beans (V)	Jacket Potato with Cheese (V)	Jacket Potato with Baked Beans (V)
Chocolate Banana Sponge	Fresh Fruit wedges	Lemon Shortbread	Fruit Jelly	Apple Muffin
Week 3 – Weeks Commencing: 26/04/21, 17/05/21, 14/06/21, 05/07/21				
Monday	Tuesday	Wednesday	Thursday	Friday
Mild Chicken Curry with Rice	Beef Lasagne	Roast Chicken with Sage and Onion Stuffing with Roast Potatoes	Pork Sausages and Gravy with Potato Wedges	Battered Fish Fillet with Low Fat Chips
Veggie Balls with Rice	Quorn Pattie in a Bun with Diced Potatoes (V)	Italian Pasta Bake (V)	Sweet Potato Slice with Potato Wedges (V)	Cheese & Tomato Pizza with Low Fat Chips (V)
Jacket Potato with Tuna Mayonnaise	Jacket Potato with Baked Beans (V)	Jacket Potato with Cheese (V)	Jacket Potato with Cheese (V)	Jacket Potato with Baked Beans (V)
Double layer mousse	Fresh Fruit wedges	Peach sponge	Fruit Jelly	Chocolate cookie

Please note that the school does not have detailed ingredient lists for each meal. If your child has an allergy or specific dietary requirements, it is your responsibility to register your child's allergies with Hertfordshire Catering Ltd via the following website <https://specialmenu.hcl.co.uk> in order for HCL to prepare a bespoke menu for your child.