



Nascot Wood Junior School, Nascot Wood Road, Watford WD17 4YS

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Headteacher: Christina Singh

Wednesday, 18 November 2020

Dear Parents,

As many of you will know, the government passed an amendment to the Children and Social Work Bill to make Relationship and Sex Education (SRE), and Health Education a statutory part of the National Curriculum.

This means that Relationships Education will be taught in every primary school in England, as well as teaching Health Education in all state-funded schools.

The Government's amendment does not alter our approach to this important area of the curriculum. We have always been committed to high quality SRE and Health Education, at an age-appropriate level for the children. The reason for this, is that we think that it is important to prepare the children for adolescence and adulthood. In partnership with you, we want to create confident and well-balanced individuals, equipping them to navigate their future lives.

I think that it is important for me to emphasise that we will continue to be mindful of your children's age and developmental stage, and teach them sensitively, with consideration to their differing beliefs and backgrounds.

Following this statutory change, the only change that we have made, is to invest in a new high-quality teaching and learning programme called Jigsaw. This is designed to be a mindful approach to Personal, Social, and Health Education, which links to the mindfulness activity that your children take part in every morning.

I have recorded a presentation to give you more information about these resources, and this is available [here on the school's website](#), along with the Personal, Social, Health Education Policy, which includes statutory Relationships and Health Education.

With best wishes,

*Christina Singh*

Headteacher

