

Pork Free Multi Choice Extra Summer 2019

| WEEK 1 | | | | |
|--|--|--|---|-------------------------------------|
| w/c 22/4, 13/5, 10/6, 1/7, 22/7, 2/9, 23/9, 14/10 | | | | |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Pasta Bolognese | Lamb Flatbread | Roast Chicken with Sage and Onion Stuffing | Burger in a bun | Fish Fingers |
| Sweet Potato Slice | Italian Pasta Bake | Tomato Bolognese | Beany Pasta Bake | Cheese and Tomato Pizza |
| Tri colour Pasta | Rice | Roast Potatoes or Wholemeal Pasta | Diced Potatoes or Wholemeal Bread Wedge | Low Fat Chips or Wholemeal Pasta |
| Jacket Potato with various Toppings | Jacket Potato with various Toppings | Jacket Potato with various Toppings | Jacket Potato with various Toppings | Jacket Potato with various Toppings |
| Lemon Sponge with Custard | Fruit Wedges with Mini Sponge Finger | Fruity Brownie | Fruit Salad with Mini Shortbread | Favourite Cookie |
| WEEK 2 | | | | |
| w/c 29/4, 20/5, 17/6, 8/7, 9/9, 30/9, 21/10 | | | | |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Chicken Meatballs with Gravy | Beefy Joes | Roast Chicken with Sage and Onion Stuffing | Chicken Pie | Fish Fillet |
| Sticky Vegetarian Sausages | Quorn Pattie | Vegetable Lasagne | Sweet Potato Curry | Pizza Whirl |
| Savoury Rice | Potato Wedges | Roast Potatoes or Wholemeal Pasta | New Potatoes or Rice | Low Fat Chips or Wholemeal Pasta |
| Jacket Potato with various Toppings | Jacket Potato with various Toppings | Jacket Potato with various Toppings | Jacket Potato with various Toppings | Jacket Potato with various Toppings |
| Apple Sponge and Custard | Fruit Salad with Ice Cream | Fruity Twist Cup Cake | Fruit Wedges with Mini Cookie | Chocolate Brick wall |
| WEEK 3 | | | | |
| w/c 6/5, 3/6, 24/6, 15/7, 16/9, 7/10 | | | | |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Salmon Pinwheel | Lamb Burrito | Roast Beef with Yorkshire Pudding | Ratatouille Chicken | Fish Goujons |
| Macaroni Cheese | Vegetarian Roll | Quorn Pieces in Yorkshire Pudding | Quorn Hot Dog | Cheese and Tomato Pizza |
| Potato Wedges or Garlic Bread | Creamed Potatoes | Roast Potatoes or Wholemeal Pasta | Diced Potatoes | Low Fat Chips or Wholemeal Pasta |
| Jacket Potato with various Toppings | Jacket Potato with various Toppings | Jacket Potato with various Toppings | Jacket Potato with various Toppings | Jacket Potato with various Toppings |
| Banana Muffin | Fruit Salad with Mini Chocolate Sponge | Strawberry Mousse With Mini Shortbread | Fruit Wedges with Mini Cookie | Homemade Digestive Biscuit |