

Pork Free Multi Choice Extra Winter 2018

WEEK 1 w/c 5/11, 26/11, 17/12, 7/1, 28/1, 25/2, 18/3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lamb Slice with Diced Potatoes	Chicken Curry with Rice	Roast Chicken with Stuffing Roast Potatoes or Pasta	Burger in a Bun with Potato Wedges	Fish Fillet with Low Fat Chips or Pasta
Southern Style Quorn Grill with Pasta	Cheese Pinwheel with Tri Colour Pasta	Tomato Bolognaise	Italian Pasta bake	Cheese and Tomato Pizza Wrap with Low Fat Chips or Pasta
Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings
Strawberry Mousse	Fruit Salad with Mini Shortbread Finger	Apple and Cinnamon Bun	Fruit Wedges with Mini Cookie	Chocolate and Beetroot Muffin
WEEK 2 w/c 12/11, 3/12, 14/1, 4/2, 4/3, 25/3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Oven Baked Chicken with Rice	Lasagne with Side Salad	Roast Chicken with Stuffing, Roast Potatoes or Wholemeal Pasta	Shepherds Pie	Fish Fingers with Low Fat Chips or Pasta
Vegetarian Roll With Pasta	Quorn Hot Dog With Potato Wedges	Vegetarian Burrito Wrap with Wholemeal Pasta	Creamy Pasta Bake	Cheese and Tomato Pizza with Low Fat Chips or Pasta
Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings
Oaty Apple Layer with Custard	Fruit Wedges with Mini Sponge Finger	Marble Sponge with Chocolate Custard	Fresh Fruit Salad with Mini Oat Cookie	Shortbread of the day
WEEK 3 w/c 19/11, 10/12, 21/1, 11/2, 11/3, 1/4				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mexican Beef with vegetable Rice	Chicken Pie with Creamed Potatoes	Roast Beef and Yorkshire Pudding with Roast Potatoes or Pasta	Baked Chicken Wrap With Tri Colour Pasta	Salmon Fish Fingers with Low Fat Chips or Pasta
Macaroni Cheese with Garlic Dough Balls	Sweet Potato and Chickpea Curry with Rice	Quorn Pieces in Yorkshire Pudding with Roast Potatoes or Pasta	Roasted Vegetable Slice with Potato Wedges	Favourite Pizza with Low Fat Chips or Pasta
Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings
Yoghurt Muffin	Fresh Fruit Wedges with Mini Sponge	Chocolate Brickwall with Chocolate Sauce	Fresh Fruit Salad with	Forest Fruit Sponge

**Freshly Baked Bread available daily plus a selection of Vegetables and Bowl Salads
Fresh Fruit, Yoghurt and Cheese & Biscuits available daily**